

10

126 Restaurants & Bars

93 Things to See and Do

Places to Stay

DISPLAY UNTIL FEBRUARY 4, 2019

# DINE FOR SHOP STAY



ICONIC LOCALS PORTRAY THE HOLY CITY IN THEIR OWN WORDS



### LIVING PICTURES

A NOTE FROM THE EDITOR

HE NAME TABLEAUX is inspired by Tableaux Vivants, French for 'living works of art.' At the obvious risk of pretentiousness, we felt it was a fitting name for a guide that is defined by portraits and profiles of locals; the city's living art. Whether they're native sons like Gullah Geechee Chef Benjamin Dennis and artist Fletcher Williams III, or transplants like folk duo Shovels & Rope and renaissance women Kate Fagan and Kathryn Budig, the ten profiles featured in this issue showed our staff of locals new perspectives on Charleston. We hope they can do the same for you.

To many locals, Charleston has a bit of spotlight fatigue. With a seemingly endless parade of positive travel coverage over many years, an eight-square-mile peninsula with thirty-eight thousand residents hosts nearly seven million visitors a year--most of whom can be found daily in the Market, strolling the battery, or perched on the benches of horse-drawn carriages. But at the same time, they don't come for nothing. New Orleans meets Boston with a Key West view is an easy place to like. But one big question hovering around this city these days is, "Now what?" After the number one rankings and the restaurant and building booms... how to keep a diverse community intact, in the face of rocket-fueled gentrification; how to keep the city from sinking; how to keep some land aside to just let it be green, or farmed, or anything other than a new condo high-rise. We urge you to forego the carriages and dig deeper into Charleston; find a local to guide you; go beyond the flyers in the gift shop and see the parts of the city that the locals are trying to preserve, so that you, the visitor, the traveler, the potential new Charlestonian, can help the city keep around what deserves to be kept.

Stinson Carter, Editor



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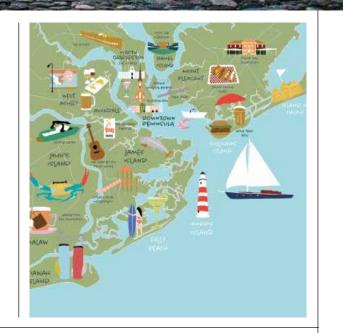
KIAWAH 420 FRESHFIELDS DRIVE 843-768-4246

#### CHARLESTON AREA GUIDE

TBLX

INSIDE

- **17 DOWNTOWN CHARLESTON:** Beyond the gaslights and cobblestones
- **33 MOUNT PLEASANT**: The good life over the bridge
- 45 SULLIVAN'S ISLAND & ISLE OF PALMS: Beaches to the North
- **57 DANIEL ISLAND**: The sports life
- **67 WEST ASHLEY:** New local favorites and old plantations
- **77 JAMES ISLAND**: Living on island time
- **87** FOLLY BEACH: Fun, funky beach life
- **103** JOHN'S ISLAND AND WADMALAW ISLAND: Where farm meets table
- **113** KIAWAH ISLAND AND SEABROOK ISLAND: The 5-star beach life
- **119 NORTH CHARLESTON:** Sister city on the rise



STO



#### **INSIDER PROFILES**

14	SHOVELS & ROPE: Folk duo & Hi
30	MIKE SEEKINGS: Attorney and cit
42	FLETCHER WILLIAMS III: Artis
54	<b>CAPERS CAUTHEN:</b> Furniture ma
64	SARA CLOW: Conservationist and f
74	<b>B.J. DENNIS:</b> Gullah Geechee chef a
84	MIKE VEECK: Baseball legend and
94	THE LADIES OF CROGHAN'S JI
10	SULLY SULLIVAN: Photographer a
26	KATHRYN BUDIG & KATE FAGA

1

- igh Water Festival hosts
- ty councilman
- st and prodigal son
- aker and Charleston native
- food activist
- and cultural ambassador
- d guru of fun
- EWEL BOX: Purveyors of charm
- and benevolent provocateur
- AN: Renaissance women

#### EXTRAS

- **9** CALENDAR: Annual Events, Festivals, and Farmers Markets
- **10** MAP: The Charleston area
- **16** MAP: Downtown Charleston
- **96** MADE IN CHARLESTON: 31 of our favorite local products
- **128** ON LOCATION: King Street

#### **ON THE COVER**

 Looking East down Broad Street at the Hollings Judicial Center and St. Michael's Church
two of the famed Four Corners of Law.
PHOTO BY SQUIRE FOX

#### **Contributors**

#### Andrew Cebulka

#### photographer

"Charlestonian since 2002, student of the lowcountry foodways, father and husband to two rad women and aspiring backyard gardener. I take pictures all over for both major publications and commercial clients and am blessed to call this town home. Doing this piece, I remembered that seeing the city before the sun comes up at dawn is totally worth climbing out of bed and going for a walk."

#### **Kassandra von Etzdorf**

#### contributing editor

Seven years ago, Kass uprooted from her fast-paced life in New York City to pursue an opportunity in a place then unknown to her: Charleston. "I always knew there were creative people in Charleston, and it has been such a joy to experience the depth and variety of this first hand. Doing research for the 'Made in Charleston' section really drove that point home Charleston is gorgeous, historic, and also nurtures and supports entrepreneurs – I love that about this city."

#### **Jonathan Boncek**

#### photographer

Jonathan's background in photography has been as varied as the cities that he has found himself in. From Georgia, Lake Tahoe, Las Vegas, San Fransisco, to Charleston. "Working on Tableaux gave me a deeper love for Charleston. I thought I knew all the 'spots' of this small city, but I discovered there are so many more places and so much more history and heart, that I haven't even scratched the surface."

#### Jasmine Agosti

#### illustrator

Born and raised in Milan, Italy, now living in Charleston, Agosti is a graphic designer for *The* Local Palate, as well as a freelance illustrator. "As a local, I was able to incorporate some of my favorite findings in a city that already has so much to offer. During the illustrating process, I also learned more about Johns Island and North Charleston, which I'm excited to explore."













Editor

**Stinson Carter** 

**Art Director** 

Tim Hussey

**Staff Photographers** 

Jonathan Boncek

Andrew Cebulka

#### **Contributing Photographers**

Squire Fox, Nancy Hussey,

Scott Smallin, Sully Sullivan

**Contributing Editors** 

Susan Burroughs Carter,

Kassandra von Etzdorf

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#### **Festivals and Events 2019**

#### oliday Festival Of Lights

Nov 9–Jan 1, James Island Three mile driving tour of holiday lights within James Island County Park. holidayfestivaloflights.com

#### Lowcountry Oyster Festival

Jan 27 Boone Hall Plantation, the world's largest ovster festival. with oyster shucking and eating contests, with beer and wine to wash them down. boonehallplantation.com

#### Gourmet & Grapes

Jan 31–Feb 3 The Sanctuary Hotel, Kiawah Island - Spotlighting award winning chefs and wineries from around the world in support of cancer research. kiawahresort.com

#### Feb 15–17, Downtown

3-day celebration of wildlife and nature through fine art, conservation education, sporting demonstrations, social events, and exhibits. (BYOB - Bring-Your-Own-Barbour Jacket) sewe.com

#### Charleston Wine and Food Festival

Mar 6–10. Downtown 14th year of celebrating Charleston's food culture. charlestonwineandfood.com

estival of Houses and Gardens

Mar 13–Apr 18 Behind the scenes tour of private homes and gardens in downtown Charleston. historiccharleston.com

#### **Farmers Markets**

Mount Pleasant Every Tuesday from Apr–Sept, 3:30–7pm 645 Coleman Boulevard experiencemountpleasant.com

John's Island Every Saturday, year-round, 9:30am-1:30pm johnsislandfarmersmarket.com

Downtown, Marion Square Apr 14-Nov 24, Saturdays 8am-2pm Holiday Market in December charlestonfarmersmarket.com

**Charleston Greek Festival** Mav 11–13. Downtown Three days of Greek food, wine, and music festival in its 49th year. charlestongreekfestival.com

Mav 24–Jun 9. Downtown America's premier performing arts festival transforms the city for 17 days and nights every Spring. spoletousa.org

Mav 24–June 9. Downtown Spoleto Festival USA's sister festival is focused on accessibility. presenting performances of the highest standards with either free or affordable admission. piccolospoleto.com

Sept 26–Oct 6

Downtown Pacific Box & Crate Farmers Market Saturdays, 9am-1pm workshopcharleston.com





#### Volvo Car Open

Mar 30th–Apr 7th, Daniel Island Since 1973, the oldest professional women's tennis tournament. volvocaropen.com

#### **High Water Festival**

Apr 13–14, North Charleston Riverfront Park Annual music festival drawing major talent, cool people, and above-par food and drinks, curated by Shovels & Rope. highwaterfest.com

#### Spoleto Festival USA

#### iccolo Spoleto Festival

#### The 74th U.S. Women's C

May 30–June 2, James Island, Country Club of Charleston USGA tournament. usga.org

#### **MOJA Arts Festival**

African-American and Caribbean arts festival in downtown Charleston. mojafestival.com

West Ashley Farmers Market Apr 25–Oct 3. Wednesdays, 3–7pm Ackerman Park charlestonfarmersmarket.com

#### James Island

Sunday Brunch Farmers Market year-round, Sundays 11am-3pm sundaybrunchfarmersmarket.com



#### CROGHAN'S JEWEL BOX WWW.CROGHANSJEWELBOX.COM

**308 KING STREET** 

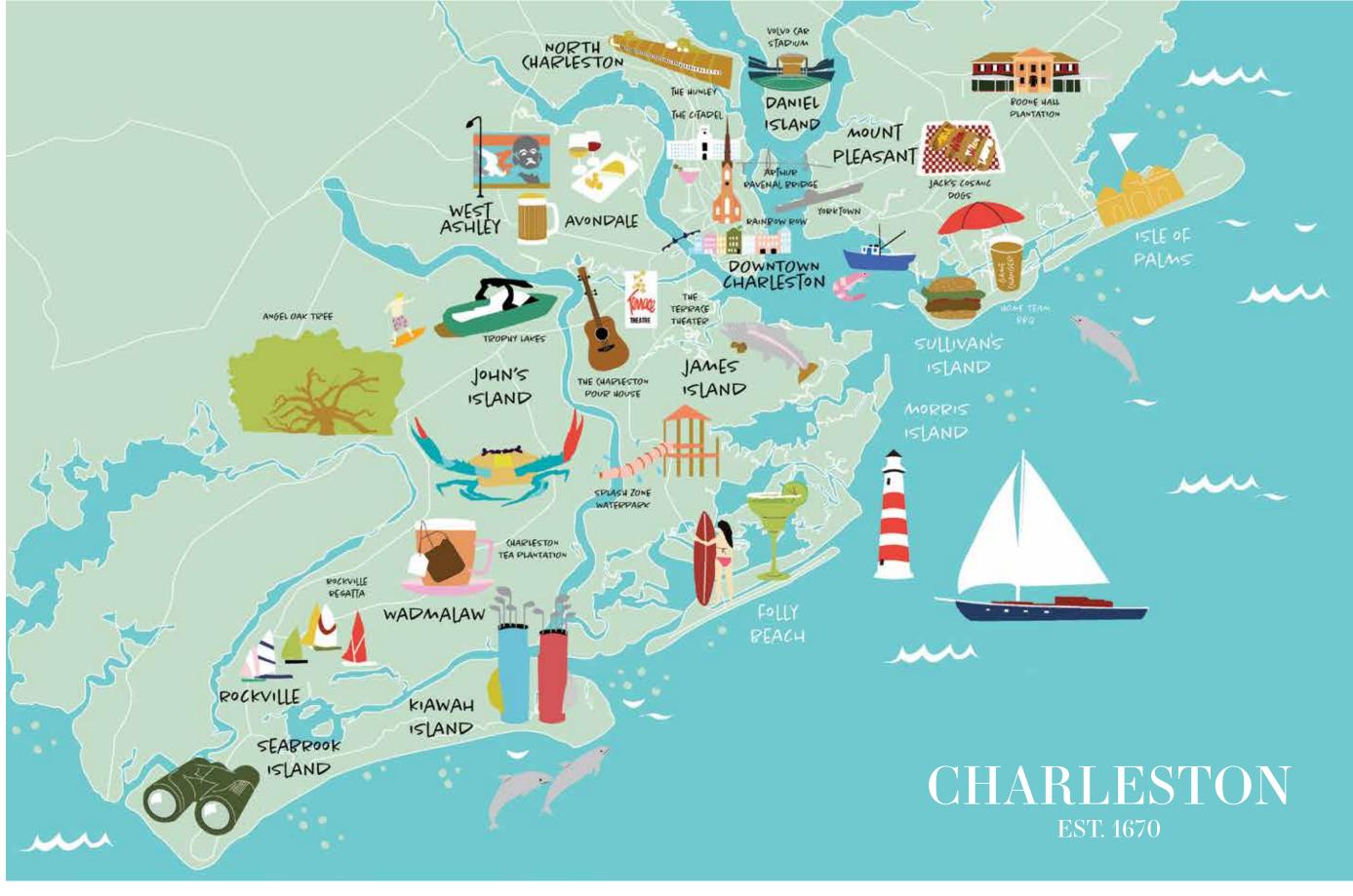
CHARLESTON, SOUTH CAROLINA ph 843.723.3594 @CROGHANS

1 3



# **YOU ARE** HERE

TAKE A STEP BACK, and Charleston becomes far more of an archipelago than a peninsula. Downtown packs a tremendous amount of experiences and history into a small space, but if you take a broader view of Charleston when planning your time here, we promise you will be rewarded.



#### Henrietta's

A BRASSERIE LOCATED AT THE DEWBERRY HOTEL

HENRIETTASCHARLESTON.COM

MARION SQUARE • 334 MEETING STREET • CHARLESTON, SC

10 PROFILES. 15 PERSPECTIVES. 1 CITY. WE CAUGHT UP WITH THIS INSPIRING GROUP OF CHARLESTONIANS BY WHATEVER MEANS NECESSARY. WE SPOKE TO THEM IN A LIVING ROOM, A WINE CELLAR, A COFFEESHOP, A PHOTO STUDIO, A BASEBALL STADIUM, AN EMPTY BAR, A JEWELRY STORE, A FURNITURE WORK-SHOP, A COMMUNITY GARDEN, AND A JAMES ISLAND MARSH. WE TALKED ABOUT WHAT THEY LOVED ABOUT THEIR HOMETOWN, EVEN WHEN THAT MEANT TOUGH LOVE. WE THINK YOU'LL ENJOY HEARING FROM THEM ALL. WE SURE DID.

TBLX



**CHARLESTON-BASED** folk duo Shovels & Rope--husband and wife team Michael Trent and Cary Ann Hearst--are icons of the local music scene who have gone out and made it in the bigs, and still call Charleston home. As the founders of the city's annual High Water Festival, they're also single- (or double) -handedly raising Charleston's profile as a mandatory stop on any national music tour worth the name.

#### **TBLX:** Why Charleston?

**S&R:** Besides the fact that it is aesthetically beautiful. Besides the fact that you can be in the woods or at the beach in a matter of minutes. Besides the endless high-quality dining establishments. Besides the access to life enriching scenic outdoor activities... we have met the most generous, loving, and inspiring people here and that is why we stay.

#### TBLX: What is your favorite way to enjoy the city?

**S&R:** From the water! We both grew up landlocked (Colorado / Tennessee). Spending time at the beach and on the various rivers is probably our favorite thing to do with our free time. It's beautiful and it's free! Every morning the sun rises on Folly beach and it's quiet and serene and perfect and costs absolutely nothing. Other things we like to do include taking a bike ride on the West Ashley greenway, visiting the various farmers markets or going to see a show at the Pour House or the Music Hall. Oh, and going to see a movie at the Terrace Theater - a small independent movie theater that will play both the latest blockbuster films and the quality independent movies that most of your regular box theaters won't. It's a total gem and we hope it never goes away.

#### **TBLX:** What's your favorite thing to do with friends from out of town?

**S&R:** Probably take them to get some seafood and go on a boat ride. Maybe catch a local show at The Royal American. Go to the beach.

#### **TBLX:** How is Charleston changing?

**S&R:** Charleston is changing a lot in that it is growing exponentially. There are good things and bad things that go along with that. As Charlestonions, we face more traffic, continued gentrification and a lack of affordable housing and stagnant wages for workers in the face of an increased cost

of living. As musicians, the growth means more arts, more artists, and more people to enjoy them. We do the majority of our "work" on the road. When we're home we mostly spend time working in our studio or catching up with our friends and our musical community. We should also mention that the music community here has always felt (and continues to feel) like a real community. It's inclusive and supportive across genres and that is one of the reasons it's so special and so good. One thing that is changing with the growth is that there is more demand for more artists to come through. A couple of years ago, we started High Water Festival as an attempt to contribute to the positive growth of the music scene.

#### **TBLX:** What is something that people don't know about Charleston?

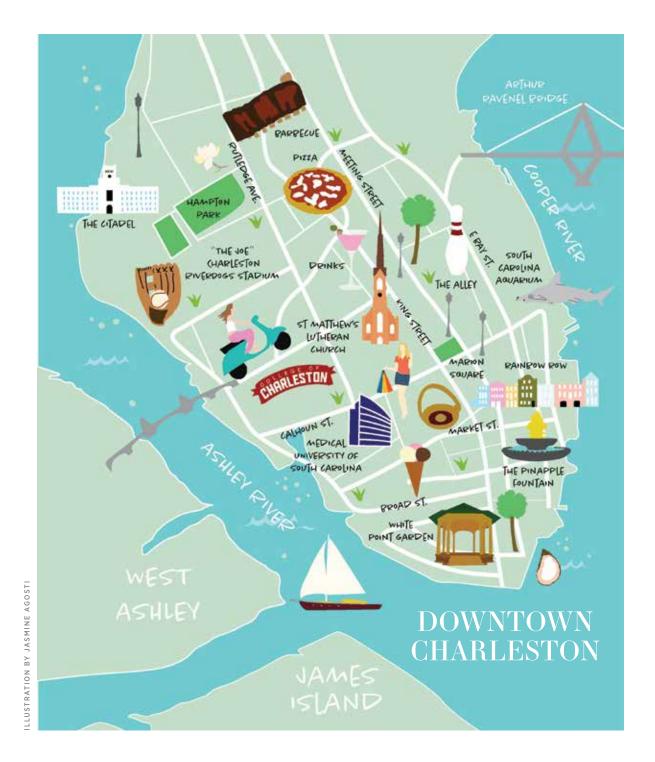
**S&R:** Yes, there are countless great restaurants, and yes there is a lot of surface charm and beautiful scenery but the music and art scene is alive and well here. That is where we come from. The underbelly is a thriving, wild and free living organism and without it, the city would be in danger of losing its soul and becoming just another coastal tourist trap.



PHOTO BY SULLY SULLIVAN



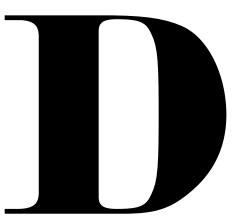
"The underbelly is a thriving, wild and free living organism and without it, the city would be in danger of losing its soul and becoming just another coastal tourist trap."



# 



#### Downtown Charleston



#### **OWNTOWN CHARLESTON IS**

every bit of what you've heard in the Condé Nast reviews, despite the locals' efforts to keep it secret. But however Charleston may appear to

visitors, it's also a living city with a prideful populace and a deep and diverse culture. It's about cobblestones and mansions South of Broad with secret gardens hidden behind wrought iron, and it's also about palmetto roses and shotgun shacks on streets that flood with an afternoon rain. No matter where you are downtown, it's never a far walk from a restaurant with a James Beard nominated chef and a line of tourists out the door, to the corner spot echoing with the clack of pool tables and the lilt of Gullah. Put on your walking shoes or better yet, get a bike, and explore and appreciate *all* of the city.



#### EAT, DRINK

#### **Fulton Five**

This hidden gem is a bit off the beaten path, but you won't regret making the trek. Classic Italian fare with a twist, it's a romantic scene that is perfect for celebrating special occasions. It is definitely on the more intimate side, and you'll want to make a reservation.

>> FULTONFIVECHARLESTON.COM

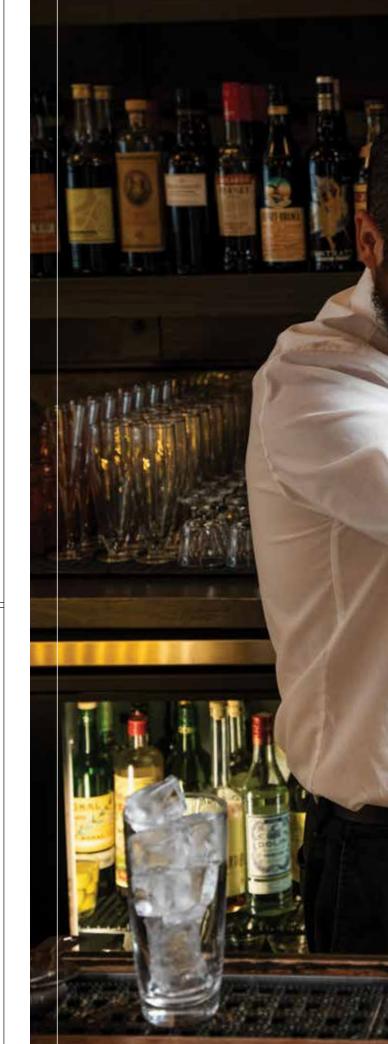
#### Purlieu

One part European, one part Lowcountry, this neighborhood bistro consists of only a handful of tables, so book yours in advance. Perfect for date nights or dinner with a small group of friends. We recommend the chef's table. >> PURLIEUCHARLESTON.COM

#### The Belmont

A fine cocktail bar that is not all armbands and attitude. The bartenders are very good, very nice, and if you're nice they'll even shake you a Ramos Gin Fizz.

>> THEBELMONTCHARLESTON.COM





#### **Ted's Butcherblock**

Best butcher on the peninsula. Wine, cheese, carry-out, sandwiches, and various burgers and brisket specials cooked on a big green egg out back, all presided over by a benevolent owner whose name eludes us.

>> TEDSBUTCHERBLOCK.COM

#### Chez Nous

This little French haute cuisine bistro-in-cottage is alright by us in all kinds of ways. Go with anyone you love, just check the daily menu before you go, as there are only two options for each of the three courses.

>> CHEZNOUSCHS.COM



#### Goat. Sheep. Cow.

Serious cheese shops with only a tinge of the attitude you would expect. We recommend the staff favorite "crack cheese" and baguette, and the pricing of the pate can't be missed for at home or hotel entertaining. >> GOATSHEEPCOW.COM

#### Martha Lou's

Soul food meat-and-three spot for thirty years running. Along with Nana's Seafood and Dave's Carry-Out, a downtown tried and true.

>> MARTHALOUSKITCHEN.COM

#### 82 Queen

Sure they are known for their she-crab soup and the courtyard is quite nice, but we love it's scandalous history as the hangout of 1980s smugglers who swilled Dom Perignon with windows open to the street, keeping an eye on their Porsches while stirring up trouble. They didn't have much of an appetite, but the food, incidentally, is stellar. >> 82QUEEN.COM

#### The Harbinger Cafe

Warm service, healthy food, unique baked goods and strong coffee in this bustling and popular uptown café.

>> THEHARBINGERCAFE.COM









#### Xiao Bao Biscuit

The black bean fried chicken is a must. Limited menu, but offerings include unique southeast asian specialties. We recommend for lunch, especially on Friday for Bang Bang Biscuit. >> XIAOBAOBISCUIT.COM

#### Husk & Husk Bar

This Sean Brock powerhouse features exclusively Southern ingredients. The fried chicken skins are so good you'll want to order them as a starter and again for dessert. Locals often favor the bar, where the menu is small but thoughtful and still shows off Brock's devotion to detail. >> HUSKRESTAURANT.COM

#### **59 Rue De Jean**

Consistency is a virtue in the restaurant world, and Rue De Jean will not let you down. An order of vegetable cream mussels with crusty french bread and a glass of bubbly rosé is our happy place.

>> HOLYCITYHOSPITALITY.COM

Char-Grilled Oysters at Leon's

#### **The Variety Store**

Commanding views of the marina from this nautical dive. Country fried steak and eggs with a side of pancakes and hash browns by morning, and fried seafood otherwise. >> VARIETYSTORERESTAURANT.COM

#### Harold's Cabin

There was once a slowball shop, lunch counter and grocery store of the same name in this building that houses this reimagined version co-owned by Bill Murray, which retains some grocery offerings and raises them a full bar and a restaurant with a farm- and rooftop-garden-to-table menu. >> HAROLDSCABIN.COM







#### Wickliffe House

This lunch café in a mansion next to MUSC feels like a private club. Their ginger snaps the size of frisbees are chewy, spicy goodness.

>> WICKLIFFEHOUSE.COM

#### The Ordinary

Set inside a stunningly restored bank building on Upper King Street, this raw-bar-centric restaurant is a sight to behold. The menu supports local fisherman and focuses on sustainable practices. Don't miss the fried ovster slider. >> EATTHEORDINARY.COM

#### **700-Block of King Street**

This block of King Street has become a restaurant village, where we recommend a progressive meal including a glass of Gamay at Graft, the much-covered tavern burger at Little Jack's, and char-grilled oysters and soft-serve ice cream at Leon's.



2006, this local hotspot is top of the list for dine-in or delivery pizza. Don't be afraid to try something new, or order off the menu. We recommend the Get Gnarly

- with tomato sauce.
- >> DALSPIZZA.COM

#### **One Broad**

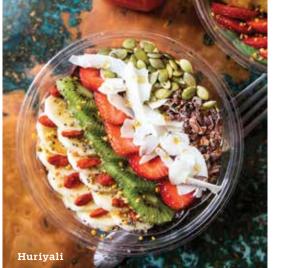
Bright and airy cafe a few steps from Rainbow Row in a former bank of the Confederacy. We've yet to order anything here that isn't good.

>> 1BROADSTREETRESTAURANT.COM

#### **Charleston Grill**

Though a bit of a splurge, the chef's tasting menu is worth the indulgence, the wine list is deep, and GM Mickey Bakst is brimming with charm.

>> CHARLESTONGRILL.COM



#### Hurivali

Part health food market, part smoothie shop, one of the few places downtown to provide a menu of items that won't incite a nap. We recommend the spicy curry bowl and the dragon berry smoothie. The outdoor patio is clutch on an overcast day. >> HURIYALI.COM

#### Dudley's on Ann

No matter the day of the week, Dudley's is the place to let your hair down, and even don a wig if the mood strikes... on a Tuesday. Worth the wait on weekends.

>> DUDLEYSONANN.COM

#### D'Allesandros Pizza

An Elliotborough institution since



The Recovery Room The 'Rec Room' sells more PBR than any other bar on the planet. If that's not dive bar street cred...

recoveryroomtavern.com

#### Palace Hotel

Eastside dive with serious bar food, kitschy decor and private deck. 843.608.6889

#### Cutty's

Tiny cool dive bar with a pool table, house-infused liquors... and patrons outside smoking. change a thing. 843.724.4111



#### Elliotborough Mini Bar white dog at all times.

During football season, this is one of the best places to score a seat at the bar, grab a burger, and watch a game. It's unassuming from the outside and kinda divey on the inside, but we wouldn't moescrosstowntavern.com

#### 22 TBLX>CHARLESTON





Sugar Bake Shop

>> SUGARBAKE.COM

sandwich pictured below.

Edmunds Oast

bachelorette party.

The Daily

>> EDMUNDSOAST.COM

>> SHOPTHEDAILY.COM

Trattoria Lucca

dining room. Go for rustic

167 Raw

>> 167RAW.COM

A teeny tiny neighborhood bakeshop

can never go wrong with a cupcake.

Not exactly a local spot because the

We love the house-brewed beer and charcuterie towers. Good for big groups,

but don't be surprised if you run into a

lines are too long. But if you're willing to

wait, it's worth it, especially for the fish

dedicated to freshness and local ingredi-

ents. Offerings change seasonally, but you



#### **Fast and French**

Known by its sign as Gaulart & Maliclet, but not to locals. Been around forever, lawyers in business suits sit elbow to elbow with artsy types, served counter style by longtenured employees. For a little privacy, head for the nook in the back.

>> FASTANDFRENCHCHARLESTON.COM

#### Chubby Fish Co.

The chalkboard menu over the bar is everchanging at this local and sustainable corner seafood spot that has made fast fans of downtown locals. We recommend the whole fish and charred lamb ribs. >> CHUBBYFISHCHS.COM

#### **Uptown Social**

Haute sports bar with pizza-lebrity Anthony Falco pies, a rooftop bar, a billion combined pixels of HD sports coverage (give or take), and crucially, a happy hour

The coffee shop sister of Butcher and Bee, with a second location in the Gibbes Museum, we recommend the sausage biscuit and take-away chicken curry with house made pita bread. with half-off the full bar and \$2 sliders, Mon-Fri from 4-8pm. >> UPTOWNSOCIALCHS.COM

#### The Darling Oyster Bar

Upper King raw bar with a lively bar scene and ample hot food options like clam chowder poured over fries, Berkshire pork chop and blue crab tagliatelle. And we never pass up key lime pie. >> THEDARLING.COM



PHOTO BY SCOTT SMALLIN

You can't drive by Lucca's corner windows at night without feeling some pang of longing to be inside the yellow-glowing

> The charm of a dive bar without the grime Owners Jeff and Pam are consummate hosts, though Pam may be holding a little Call Pam at 385.222.1014

#### Moe's Crosstown Tavern

#### SEE, DO

#### Second Sunday on King

An example of something most downtown locals say they avoid, but in reality, it's pretty fun. King Street is closed from Calhoun to Broad, offering a rare chance to stroll down the middle of the street to shop, eat at tables spilling onto the street, and people watch.

#### **RiverDogs**

Minor league baseball is the antidote to modern urban cynicism. Good food, fireworks, and a place to be a child or re-discover your inner one.

>> MILB.COM/CHARLESTON

#### **Dock Street Theatre**

Originally founded in 1736, Dock Street Theatre has gone through several incarnations, one of which involved the world premiere of a Tennessee Williams play. >> 843.577.5967

#### **George Gallery**

Premier modern art gallery in Charleston. Exhibits at its new location on Broad Street began in October '18, and its rotating roster of guest curators offers distinctive voices within a single gallery.

>> GEORGEGALLERYART.COM







#### **Monarch Wine Merchants**

The wine world isn't known for its humility, and yet, exhibit Justin Coleman, an exceedingly pleasant wine merchant with a world-class selection next door to Harbinger Cafe. >> MONARCHWINEMERCHANTS.COM

#### **Graft Wine Shop and Bar**

Friendly and serious wine bar and shop of friends and fellow sommeliers Miles White and Femi Oyediran. Good wine, good people. >> GRAFTCHS.COM

#### M. Dumas

The de-facto uniform shop for the classic Charleston man. But it's not all whale belts and periwinkle golf shirts. Their sales are not to be missed. > MDUMASANDSONS.COM

#### Bike rentals

Buy or rent from Affordabike's upper King Street location.

>> AFFORDABIKE.COM

Holy Spokes. Self-service bike rental with 27 peninsula locations. >> CHARLESTONBIKESHARE.COM

#### **Indigo and Cotton**

A reflection of the New Southern Man, curated with such mmaculate taste and care it can be intimidating to move a hanger or folded sweater, but go ahead, the staff are friendly. >> INDIGOANDCOTTON.COM

#### **Highwire Distillery**

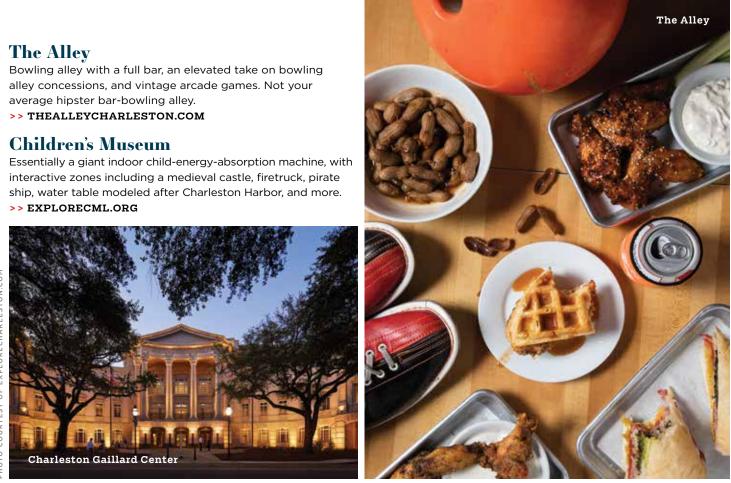
Husband and wife owners Scott Blackwell and Ann Marshall produce spirits with heirloom grains that taste as good as their labels look. Tastings daily.

>> HIGHWIREDISTILLING.SQUARESPACE.COM

#### **Charleston Museum**

Established 1773 and "commonly regarded" as America's first museum--highlights include the armory of firearms from the Revolutionary war to WWII and an exotic array of Egyptian, Greek, and Roman artifacts including a mummy.

>> CHARLESTONMUSEUM.ORG







82 Queen S Charleston SC 20401



1217 Savannah Hwy Charleston, SC 29407

2379 SC HWY 41 Mt Pleasant, SC 29466



49 South Market St. Charleston, SC 29401



#### **Burbage's Self Service Grocery**

Brown n' serve takeout for the South Of Broad crowd. Time warp with charm, cookies in saran wrap, somehow homey yet posh.

>> 843.723.4054

#### The Gibbes Museum Of Art

The premiere art museum in Charleston, with a permanent collection spanning four centuries, focused on America and the American South, from the colonial era to the present. The museum's Beaux Arts stained-glass cupola is a masterpiece in itself.

>> GIBBESMUSEUM.ORG

#### South Carolina Aquarium

Built out over the Cooper River, the views are an attraction unto themselves. Sea otters, a bald eagle, the albino alligator, and shark petting exhibits are worth the trip. Skip day passes and buy a membership.

>> SCAQUARIUM.ORG

#### Dog & Horse Fine Art

A world-renowned canine and equine gallery. Not your average offerings of artistic pieces within the city, the gallery includes works from the 19th to 21st century not found elsewhere in the country. >> DOGANDHORSEFINEART.COM

#### **Peabody Watercolors**

Featuring emotive works by its namesake, artist Frank Peabody, the featured art goes beyond the usual postcard cityscapes with gripping impressionistic works inspired by his travels throughout the world.

#### IT MIGHT Get Loud

#### Music Farm

An upper King street hotspot, its our choice for a grungy music venue in every way we love. Cheap drinks and loyal fans, all within walking distance of multiple restaurants. *musicfarm.com* 

#### Charleston Music Hall

The slightly sleepier sister of Music Farm, the Music Hall's proximity to recommended restaurants puts it high on the list for a "dinner and a show" kind of evening. Check the shows out in advance and plan a weekend trip to the city. charlestonmusichall.com

**Charleston Gaillard Center** Pronounced "GILL YARD" and typically referred to by locals hand in hand with the Charleston Symphony Orchestra. Headliners include national talent such as Jay Leno, Keb Mo, and Lyle Lovett. We recommend dinner at **Zero George** before your show. *Gaillardcenter.org* 



The Commodore A throwback music venue and cocktail bar offering live music, DJ sessions and a killer cocktail menu. Thecommodorechs.com

#### The Royal American

Open-air bar offering 32oz "signature punch" in stadium cups, a food menu that doesn't take itself too seriously, and a musician's music venue. theroyalamerican.com







#### STAY

#### The Dewberry

Stunning mid-mod showpiece with rooms and decor resembling a holy alliance of Ralph Lauren and Don Draper. **The Living Room** bar is a brass pillbox, oversized fabergé egg of mixological perfection. The restaurant, **Henrietta's**, is a gorgeous brasserie with windows onto Marion Square.

- >> THEDEWBERRYCHARLESTON.COM
- >> HENRIETTASCHARLESTON.COM

#### The Restoration

Luxe modern rooms with thread count by the billions, bathtubs large enough to aqua-train a racehorse in. Extremely generous wine and cheese happy hour and excellent rooftop dining. >> THERESTORATIONHOTEL.COM

#### Zero George

A stunning 16-room boutique hotel comprised of five historic antebellum houses. At night, sink into a deep armchair and sip cocktails overlooking the intimate courtyard. >> ZEROGEORGE.COM

#### The Wentworth Mansion

A splurge to be sure, but the Wentworth Mansion is an unforgettable experience (and we don't just mean the ghosts). Over-the-top grandeur, a lovely wine and hors d'oeuvres happy hour, and a tower with 360-degree downtown views.

>> WENTWORTHMANSION.COM

## One Alley SIX DIFFERENT WAYS TO SAVOR THE EXPERIENCE.



CHARLESTON'S NEWEST RESTAURANT SCENE | HutsonAlley.com



A classic, sophisticated cocktail lounge

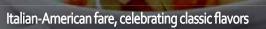


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Charleston's freshest seafood





A refined French café and bar





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CHARLESTON ATTORNEY AND CITY

**COUNCILMAN** Mike Seekings is a 30-year resident of the city. As its downtown rep, he's taking on issues of traffic, transportation, water, and flooding. The England-born son of an RAF pilot, Seekings is a political progressive, an avid runner, and lover of California wine and local modern art.

#### **TBLX:** Why Charleston?

**MS:** I clerked for a federal judge who used to be the governor of South Carolina. A guy named Donald Russell. He was one of the great South Carolinians--a Senator, president of the University of South Carolina--he was just an amazing human being. After my clerkship, I was in Washington for a few years and I knew that wasn't where I wanted to be. So I talked with him and said I'd like to come back to South Carolina. I landed in Charleston within a month, and I've had my entire professional career since then, right here in downtown Charleston. Thirty whirlwind years later, here we are in a different time and place that's as exciting as anywhere in the world.

**TBLX:** What is your favorite way to enjoy the city? **MS:** On my feet, for sure. I'm a runner. The best thing about this

#### "The thing that we always encourage people to do, if not insist, is ~-just walk. Go see it. Get with someone who is well versed in history, someone who is local. someone who knows the flavor."

city—and I live it every day—is how scalable it is. There is so much within such close proximity. Education, culture, business, history, arts, everything is right here in front of us. So just getting on my feet and walking and running the city and seeing it with my own eye and with my family and friends, it is the best place in the world to do that, and I try to take advantage of it every day.

#### **TBLX:** What's your favorite thing to do with friends from out of town?

**MS:** The thing that we always encourage people to do, if not insist, is--just walk. Go see it. Get with someone who is well versed in history, someone who is local, someone who knows the flavor. Why do people come here? They come to see what Charleston's all about, and to look at the houses and the gates and wonder what's going on behind them, so no better way to get oriented than to walk around and see the city.

I encourage people to get involved with the arts community. Our arts community is growing like crazy, we have so many

young, talented artists here, so the galleries, the museums, the Gibbes museum has done a great job of bringing local art to life. So we emphasize the history of the city, the beauty of the city, and the talent that is in the city.

#### **TBLX:** How is Charleston changing?

**MS:** It is changing as fast as it's ever changed in its history. There's a lot happening in Charleston for a number of reasons; it's a beautiful, historic city where people want to live; it's a place where education has taken off, so people come here for school, and stay. We offer a lot of professional opportunities for people. So you have a complete lifestyle available in a beautiful historic city, it's a confluence of a lot of events that bring people here and has rendered us in a place that's changing hourly.

#### **TBLX:** What is something that people don't know about Charleston?

MS: This is a livable, wonderful Southern city, and for all our accolades and all the things that you see, just to know that in the houses that you walk by, and the offices that are in town and the schools, is a community that is thriving, [and] is committed to being the best city it can be for the people who live here. For those that come visit, recognize that this is a city where we live. We're happy that you're here, we love that you come here and share it with us, but remember that while you're here, it's

our home, so please treat it with the respect that you would ask us to treat yours when we come visit you in your home. And I think by and large that's happening, and that's why tourism has been so successful here, but the scale of it-30,000 people on the peninsula, 140,000 people in the city, and 7 million visitors, that creates a challenge, and a balancing act that I will tell you from my perspective both as a city council member and as a resident committed to spending my life here, just to make sure that we err on the side of protecting the residents first and foremost, and that will enhance the experience for anyone who comes here, including tourists. I call it 72-72 balance. We're the hottest place in the universe for people who come here for 72 hours, but are we the hottest place for people who live here for 72 years or beyond, for generations, that's a challenge. We could always do a little better, but we're getting there.

## Where good things Come to those who wait.

In Mount Pleasant, it's all about savoring the moment and letting the flavors of the Lowcountry do their thing. That's why we serve up an array of restaurants and taverns suiting every taste and style. So grab a fork and come on over, y'all. Mount Pleasant &

For more information visit ExperienceMountPleasant.com







# 



#### Mount Pleasant



**OUNT PLEASANT** is aptly named over recent decades, its pleasantness has attracted a large number of newcomers to its neighborhoods with echoes of Old Charleston architecture without the hassle of the old, such as the tony I'On. But there's also a quaint Old Village with a walkable scale; a seafood, paddleboard and boater's paradise of Shem Creek; the beautiful and eye-opening grounds of Boone Hall Plantation; and the USS Yorktown--the aircraft carrier of your child's (or your inner child's) dreams. With its casual gourmet restaurants and quick access to Charleston's best beaches, Mount Pleasant's rapid growth and tourist allure is no surprise.





#### EAT, DRINK

#### **Jack's Cosmic Dogs**

There's something very Austin, Texas about Jack's, with it's kitschy decor and Airstream out front in the gravel drive. Nehi sodas, corn dogs like they used to make 'em, and enough hot dog configurations to make your head explode--all of them good. We recommend the corn dog and any hot dog with the blue cheese slaw. >> JACKSCOSMICDOGS.COM

#### Mi Xiao

Vietnamese and pan-Asian takeout spot hidden in a mini-mall, with respectable pho, stellar shrimp papaya salad, and excellent prices.

>> MIXAOCAFE.COM

#### **Red Drum**

Red Drum is at the intersection of South and Southwest cuisine. The dinner menu rarely disappoints, but weekend brunch is the real star. We recommend the Fried Chicken and Biscuits or the Eggs Benedict with Red Chile Spiked Hollandaise sauce. Oh, and save room for the donuts!

>> REDDRUMRESTAURANT.COM

#### Vintage Coffeeshop

In a world of fancy toasts, their Toast Bar has some of the best. We recommend the almond butter with banana, honey and chia seed. The Vintage Breakfast Sandwich is pretty clutch for a morning after.

>> VINTAGECOFFEECAFE.COM





#### Tavern & Table

The only restaurant on Shem Creek with its own lighthouse. Yet somehow T&T pulls it off with excellent food, wharfchic dining room, and dockside seating where you can watch boats and paddleboarders come and go over a plate of noteworthy Dynamite Shrimp. >> TAVERNANDTABLE.COM

#### Collective Coffee Co.

Hippest coffee shop in Mount Pleasant, with food that doesn't disappoint. If you're gonna stop for coffee on this side of the bridge, let it be here. >> 843.284.8703









Retirement for Foodes



Meet Franke at Seaside's Executive Chef Frankie Scavullo. A Johnson & Wales graduate, Frankie spent 30 years perfecting his culinary skills in notable restaurants across the South. He served as the liaison chef for the Celebrity Chef Kitchen at the Charleston Wine and Food Festival; and earned the Premier Food Service National Illuminating Excellence Award.

Chef Frankie delights his residents with broiled cold water Maine lobster tails with applewood smoked bacon blue cheese cole slaw and drawn butter. Our residents love it and you can too. At Franke we elevate expectations.

843.856.4700 FrankeAtSeaside.org 阃 🚮 1500 Franke Dr. • Mt. Pleasant



#### **Pitt Street Pharmacy**

The Soda Fountain at Pitt Street Pharmacy is 40's throwback style and 80's prices, with egg, tuna, and chicken salad sandwiches under \$4. >> PITTSTREETPHARMACY.COM

#### NICO

The Franco-Lowcountry Shem Creek newcomer is the brainchild of Lyon-born Chef Nico Romo, the only South Carolinian with the title, Master Chefs of France, an honor given to French chefs promoting their native cuisine abroad--a title he shares with the likes of Daniel Boulud and Eric Ripert. Anywhere with Carolina oysters and duck a l'orange on the same menu is alright by us. >> NICOSHEMCREEK.COM

#### **H&R Sweet Shop**

Longstanding Old Village Soul Food restaurant. Cash only, but with their prices you won't need much of it. Get the burger.

>> 843.884.2118

#### **Abundant Seafood**

Buy seafood right off the boat from the fisherman who supplies Charleston's best restaurants--Husk, Fig, The Ordinary, Chez Nous, and others. Owners Mark and Kerry Marhefka are focused on sustainable fishing, with constant monitoring of stock and rotating in lesser known fishes. "We're not just gonna sell grouper all year long," said Mark. >> ABUNDANTSEAFOOD.CO



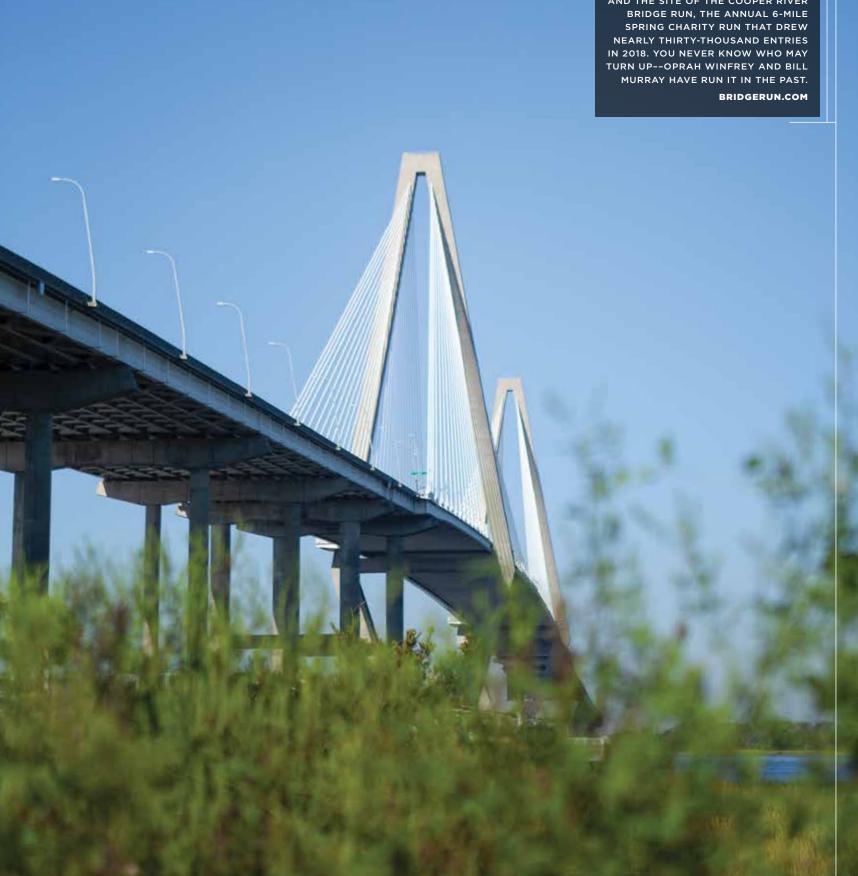
YOU'VE WORKED HARD TO BUILD YOUR LEGACY.

WE'LL WORK HARDER TO HELP YOU PRESERVE IT.



#### The Bridge Run

WORK OFF THE SHRIMP AND GRITS ON A 4KM STROLL WITH THE BEST VIEWS IN CHARLESTON. A DEFINING FEATURE OF THE CITY SKYLINE, A SYMBOL OF MODERN CHARLESTON, AND THE SITE OF THE COOPER RIVER BRIDGE RUN, THE ANNUAL 6-MILE SPRING CHARITY RUN THAT DREW NEARLY THIRTY-THOUSAND ENTRIES IN 2018. YOU NEVER KNOW WHO MAY MURRAY HAVE RUN IT IN THE PAST.





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#### Opal

Housemade pastas and local seafood dishes stand out at this contemporary neighborhood spot.

>> OWENSDININGGROUP.COM

#### Basil

Tasty, fresh and authentic Thai food served with creative cocktails and friendly service. We love the Thom Kha Gai coconut soup and the fresh Basil Rolls, of course. >> EATATBASIL.COM

#### Mozzo Deli

If you're from the Northeast, you'll love this deli. The lines are usually long and the menu is enormous, but wait it out it's worth it. It's a great place to pick up a few sandwiches on your way to the beach. The Honey Slide and the Godfather are top picks. Also downtown. >> MOZZODELI.COM

#### The Wreck of the Richard & Charlene

This Shem Creek institution was named for an Atlantic trawler impaled on a dock piling during Hurricane Hugo. Seafood on paper plates and sweet tea in plastic cups. 3-4 hour service window. >> WRECKRC.COM

#### SEE. DO

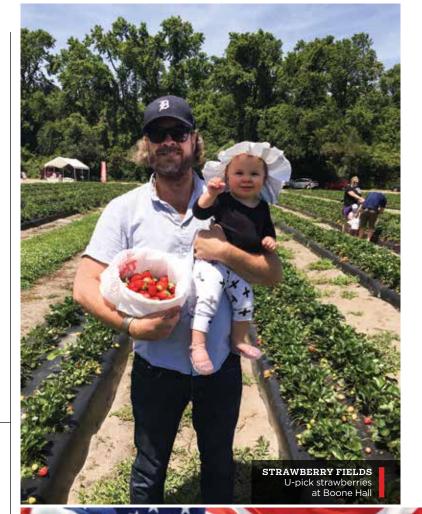
#### **Boone Hall Plantation**

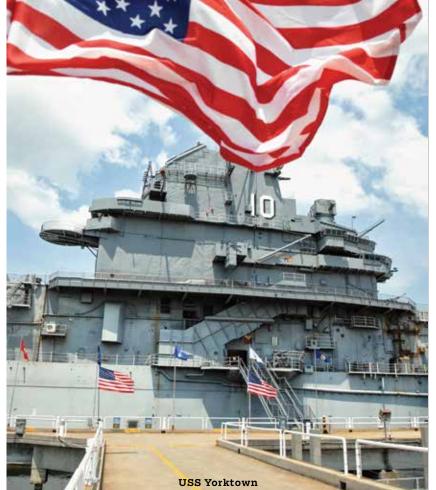
While the mansion currently standing at Boone Hall was built in 1936, the exhibitions on the grounds bear the real clues of its antebellum past. Offering tours and a live Gullah presentation, educating visitors about the African-American culture unique to the coastal southeast. >> BOONEHALLPLANTATION.COM



#### **Coastal Expeditions**

With Shem Creek, Folly Beach, and Isle of Palms locations for kayak and paddleboarding adventures, what truly sets this naturalist-run tour outfit apart is their ferry service to Bulls Island--part of the Cape Romain National Wildlife Refuge-for self-guided hiking tours, biking, beachcombing, and birding among the domain of bobcats, alligators, and bald eagles. >> COASTALEXPEDITIONS.COM





#### The Center for Birds of Prev

Beyond Mount Pleasant on Hwy. 17, in Awendaw, is an avian sanctuary home to eagles, owls, falcons, hawks, and more. Open 10-5pm M-Sat, with demonstrations at 10:30am and 2pm daily. >> THECENTERFORBIRDSOFPREY.ORG

#### Patriot's Point Naval & Maritime Museum

Home to the USS Yorktown, a naval carrier that saw service from WWII to Vietnam, a cold war submarine, a destroyer that assisted in the invasion of Normandy, and aircraft ranging from a WWII Hellcat to a Top Gun Tomcat.

>> PATRIOTSPOINT.ORG

#### **Old Village Mount Pleasant** & Pitt Street Bridge

Mount Pleasant makes it easy for you by putting all of its old charm in one place--the Old Village. Stroll the quaint strip, duck into Rudi's for a coffee to carry or a Chianti to hide in your



handbag, then walk out to the Pitt Street Bridge--a boardwalk with views of Sullivan's, the Ravenel Bridge, and downtown. >> OLDVILLAGEDISTRICT.COM

#### Cinebarre

Catch the latest movie on the big screen and enjoy full service food and drink, delivered right to your seats. >> REGMOVIES.COM

#### Gwvnn's

This locally-owned 50-year-old high-end women's and men's department store has something for everyone and keeps its loyal base of clientele with uncompromising service. >> GWYNNS.COM

#### GDC

It's the kind of store whose name raises the stock of everything inside. Tell someone your doormat came from GDC, and it's suddenly elevated to 'small area rug' status. It's easy to lose an hour wandering the artfully arranged room vignettes on two floors, and you could furnish an entire home in the process. Also in Freshfields Village and West Ashley. >> GDCHOME.COM

# ROCK The boat

#### Aqua Safaris

See Charleston from the privacy of your own chartered boat--whether a small sailboat, a catamaran the size of an apartment, or an offshore fishing trip. Aqua Safaris has you covered. Public catamaran charters also available. Aqua-safaris.com

**Spiritline Cruises** Offering harbor tours departing from Aquarium Wharf and Patriot's Point,



and the exclusive ferry service to Fort Sumter. Free for children under three. Dinner cruises in the pm. spiritlinecruises.com

Charleston Water Taxi All-day unlimited travel between Mount Pleasant and downtown Charleston for \$12, with stops at the Aquarium Wharf, Downtown historic district, Patriot's Point and the Charleston Harbor Marina. charlestonwatertaxi.com

#### Mvlkbar

All products used in this manicure spa are non-toxic and eco-friendly. It's great for groups, and you can bring your littles for a Mylk Mini Mani! Make sure you book ahead. >> MYLK-BAR.COM

#### STAY

#### **Old Village Post House Inn**

The Inn-Over-Restaurant with a New England feel has six guest rooms. The restaurant below is a fine dining standout. >> OLDVILLAGEPOSTHOUSEINN.COM

#### **Charleston Harbor Resort and Marina**

The Beach Club offers a resort feel with a massive familyfriendly swimming pool and a private beach. If the bocce ball or life-size lawn chess doesn't put wind in your sails, head to the waterfront Tiki Bar for a sunset cocktail.

>> CHARLESTONHARBORRESORT.COM





**ARTIST AND SCULPTOR** Fletcher Williams III grew up in North Charleston. After six years in New York as a student at Cooper Union and hustling artist, Williams moved back to Charleston to, in his words, "regroup," which involved working a stint as a downtown hotel 'houseman' and shuttle driver--a tough transition for anyone, let alone a mixed-race Southerner recently adapted to cosmopolitan life up North. Ever since his 2015 solo exhibition, Souvenir, Williams' artistic career has been on a steady rise, with a string of successful exhibitions and art grants.

#### **TBLX:** Why Charleston?

FW: I didn't think I would ever come back to Charleston. I could say, 'ideologically,' it's good for my work." But financially was a big factor. I was dealing with a separate rent and studio in Williamsburg. I was working at the flagship Apple Store part time, and that culture was just draining me. I felt like a caged animal. I swear that's creative purgatory. I got to a breaking point, so I had to go back to Charleston and regroup.

When I got back, I was working a part-time job at a hotel in the marina. I started off as a houseman at a downtown hotel; even the phrase "houseman" in the south, those underlying connotations. That was an interesting experience to go from New York and end up in a hotel in the South. And then I had my first solo show, Souvenir, and that generated a lot of buzz for me. I got some good sales from it, met some collectors and a lot of other artists, and yeah, just been on it since then.

#### **TBLX:** What is your favorite way to enjoy the city?

**FW:** The good thing about going to art school is that I made friends with some very talented people, that also have chosen to stay [in Charleston], and some of them have come back after being in another country, on the West Coast, or in New York. Some of them are performers and they perform locally. I get to experience a little bit of their escape, which is my escape. I go ride my bike. I could go to the beach every day. I don't really enjoy going out to bars anymore unless I find a good one that's off the beaten path.

#### **TBLX:** What's your favorite thing to do with friends from out of town?

**FW:** I always feel like I've gotta give some kind of educational tour when I bring my friends here. Because a lot of them are artists, and a lot of them are black artists, and they want to really know the history of The South. So we've ended up on all the

plantations. If I bring someone here, I really just hit all the soul food spots, [like] Nana's Seafood and Martha Lou's. I hope those places stick around because they're disappearing left and right.

#### **TBLX:** *How is it changing?*

**FW:** Growing up, the racial politics weren't really an issue. Since coming back, I've even seen this neighborhood [Park Circle] change. I guess progress is a shaky term. I guess what's happening here is progress for a lot of people, but it's just devastation for others. I'm privileged enough to be in many social circles. Being biracial, black and white, I've had access to both groups. I'm white enough to hang out with white people, I'm black enough to hang out with black people. I always kinda sit in the middle and I had

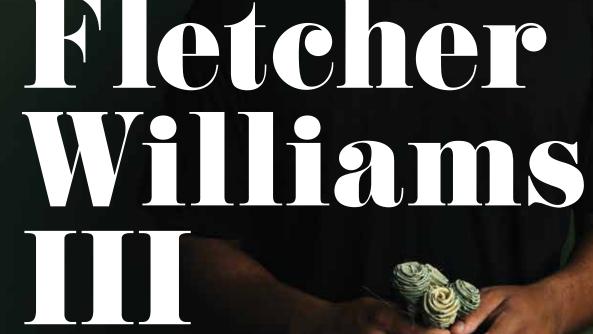
#### "What hasn't been highlighted. or celebrated. or pushed forward is that I think there's a good creative undercurrent which is pretty raw."

my eves on both groups. But I don't see much of that crossover any more. I think it's more divergent than ever.

Charleston is a strange place. Even these new buildings that go up on King Street, there's an affinity for these old empires, with the columns, and these grand structures. You're losing that little charm but they're replacing it with this grandeur that seems exactly what it is--a facade. I don't know where the city's going. I still try to have my place in it, and I want people who feel like they're on the outside of it to still feel like they have a place. And I don't know if that's the case.

#### TBLX: What is something that people don't know about **Charleston**?

**FW:** What hasn't been highlighted, or celebrated, or pushed forward is [that] I think there's a good creative undercurrent which is pretty raw. For instance, I have a friend who lives above a Laundromat who puts together these little dinner parties [for artists], and that's something I would have experienced in New York. You always hear about other cities and their art scenes, and I think Charleston could absolutely have that. I think it exists, and if artists know that, and people are coming to see that, it's a form of nurturing and they'll want to feed that appetite for people coming, and it'll be a self-fulfilling prophecy. If the city sees that folks are coming for that experience, they'll be more accommodating, and there will be spaces that will be allocated for those types of things.





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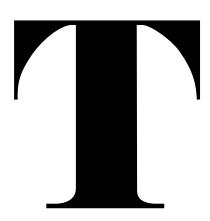
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# Isle of Palms



#### Sullivan's Island & Isle of Palms



HE BARRIER ISLANDS, northwest of Charleston offer distinctly different experiences unified by a wide stretch of world-class beaches.

Sullivan's Island, with its historic mansions and picturesque church, has an Old Guard feel. But despite its exclusive air, the island remains casual and accessible for visitors. Fort Moultrie is a must visit, offering an up-close look at many layers of local history. The restaurants on Middle Street are varied and fantastic, and worthy of a trip out to the island. The beaches are clean and friendly, with fishbowl views of the island's stunning beachfront homes, and trails to explore that wind through woods and beach succulents. Most locals will agree that any day you end up on Sullivan's Island is a pretty good day. For surfing, water sports, and a more resort-like feel, head north to Isle Of Palms for a noticeable change of pace. Known as I-O-P to locals, the island is home to a large seaside resort, plentiful vacation rentals, and beaches as good as any in the area. For those in search of greater solitude, Goat Island and Dewees Island offer truly off-the-beaten-path beach experiences.

#### **Très Fort**

ORIGINALLY FORT SULLIVAN, AND MADE OF PALMETTO LOGS THAT PROTECTED AGAINST BRITISH CANNONBALLS, ONE CAN TRACE THE ENTIRE HISTORY OF AMERICAN NAVAL DEFENSE AT FORT MOULTRIE, FROM REVOLUTIONARY WAR VICTORY, TO CIVIL WAR FOLLY, TO DEFENSES AGAINST GERMAN U-BOATS THAT MINED CHARLESTON HARBOR DURING WWII. FREE TO VISIT, EASY TO PARK, AND THE FORT'S CAVERNOUS HALLS AND ERSTWHILE POWDER MAGAZINES STAY COOL IN THE HEAT.

NPS.GOV





#### EAT, DRINK: SULLIVAN'S

#### **Poe's Tavern**

Laid back burger joint, steps from the beach. The Sleeper and The Tell-Tale Heart are tops - make sure you leave room for onion straws. >> POESTAVERN.COM

#### **The Obstinate Daughter**

Semi fine dining. Great cocktails, salt air blowing through. Geechee Frites and the short rib gnocchi are standouts. >> THEOBSTINATEDAUGHTER.COM

#### **Middle Street Market**

Perfect spot for beach picnics. Sandwiches, beer & wine, and "a few beach essentials."

>> MIDDLESTREETMARKET.COM

#### **High Thyme Cuisine**

Elevated menu, casual atmosphere. Sunday brunch is a highlight, and the crab cake benedict is not to be missed. >> HIGHTHYME.COM

#### **Dunleavy's Pub**

This Irish pub is the center of St. Patty's day celebrations on the island, and a friendly, neighborhood hangout every other day of the year.

>> DUNLEAVYSONSULLIVANS.COM

#### **Beardcat's Sweetshop**

Below Obstinate Daughter, this little gelateria is a good place to tend to a sweet tooth on a warm day and stroll down Middle Street. Homemade ice cream sandwiches are a must. >> BEARDCATSWEETSHOP.COM

#### Home Team BBQ

Casual barbecue spot, just off the beach. No need to shower - sandy toes welcome. Don't miss the pulled pork nachos, smoked wings and signature cocktail, the Game Changer. Also downtown and West Ashley.

>> HOMETEAMBBQ.COM

#### SEE, DO: SULLIVAN'S

#### **Fort Moultrie**

(see sidebar on previous page)

#### Sullivan's Beach

Sullivan's beach access paths are known as "stations," as are the East-West roads on the island. The nature trail at Station 16 has a perfect view at Sunset of Fort Sumter, Charleston Harbor, and Downtown.

#### Goldbug

Shop handmade jewelry and other local finds at this teeny tiny store on Sullivan's. >> SHOPGOLDBUG.COM





#### EAT, DRINK: ISLE OF PALMS

#### **Coda Del Pesce**

Homemade pastas, fresh seafood and a lively dinner buzz - this is one of the best-kept secrets on the island.

>> CODADELPESCE.COM

#### The Windjammer

Beach bar with live music, cheap drinks and a laid back atmosphere.

>> THE-WINDJAMMER.COM

#### Papi's Taqueria

A new spot for tacos on handmade tortillas, street corn, churros... all made with locally sourced ingredients and served with an ocean view. >> PAPISIOP.COM

#### The Boathouse at Breach Inlet

Southern recipes focused on local seafood. Sunset views on the deck are worth waiting for on those long summer evenings, and regular oyster roasts in the winter are a great way to experience the lowcountry lifestyle.

>> BOATHOUSERESTAURANTS.COM







Isle of Palms Pier

#### SEE, DO: ISLE OF PALMS

#### **IOP Pier**

Great pier for fishing, people-watching, or taking in the views of Sullivan's Island and Morris Island-or for surfing the point break caused by the pier pilings, fishing lines notwithstanding.

#### **IOP** Marina

For watching the ships roll in, and watch them roll away again. Charters, boat rentals.

>> IOPMARINA.COM

#### **Tidal Wave Water Sports**

Parasailing, wakeboarding, adventure tours everything you'd want for a day on the water. Knowledgeable and friendly guides, great options for groups.

>> TIDALWAVEWATERSPORTS.COM

#### **Golf Cart Rental**

Staying for a while? Rent a golf cart for island hopping and easy transport to and from the beach. (Multiple rental services available on the island).

#### **STAY:** ALL AREAS

#### **Beach Houses**

Island Realty is the area's oldest family-run rental service, with listings on Sullivan's. Isle of Palms. and Goat Island.

>> ISLANDREALTY.COM

#### Wild Dunes Resort

Like a resort town in and of itself, with two hotels, condos, beach house rentals, a golf course, spa, stores, and restaurants... a great place to end up for a wedding or a convention and make the world go away. >> WILDDUNES.COM

#### The Palms **Oceanfront Hotel**

A tasteful standalone beach hotel for a short stay when you don't want to navigate a labyrinthine resort compound. >> PALMSCHARLESTON.COM



## MILES OF ISLES

#### Goat Island

A private island between Mount Pleasant and Isle of Palms, accessible only by boat, it got its name from a couple who claimed squatter's rights on the island in the early 20th century-with their herd of goats Goatislandresort.com

#### Dewees Island

To to the north of Isle of Palms, Dewees Island has no restaurants or stores, no cars, stoplights, or paved roads, and is more nature sanctuary than resort. The beaches are undeveloped and pristine, like walking onto a beach a few hundred years ago. deweesrentals.com

North of Dewees are Capers Island and Bull Island. See what this landscape looked like before the beach houses cometh--a bonevard beach of twisted salt-cured hardwood, pristine marshland and woods formerly inhabited by Seewee Indians, now given over to indigenous birds, deer, turtles, and every imaginable coastal fauna. Barrier Island Eco Tours (nature-tours.com) has a ferry to Capers and and Coastal Expeditions (coastalexpeditions.com) services Bull.

#### **VODKA WITH A SOUTHERN DRAWL**

Dixie Vodka is an American-made craft spirit with roots right here in Charleston. We pour our heart and soul into every bottle so our friends and neighbors (that's all y'all) get to enjoy "The South's Best Tasting Vodka" with every sip. Pick up a bottle at your favorite liquor store and visit DixieVodka.com for cocktail recipes!

#### MADE IN AMERICA RAISED in the SOUTH

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ST TASTI

CHARLESTEN

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S. CAROLINA





**CAPERS** is a Charleston native, born and raised. As a craftsman and carpenter, he has dedicated his life to preservation in the Holy City. Through his company, Landrum Tables, he continues that work every day. Using locally reclaimed wood that would otherwise end up in a landfill, he and his team handcraft pieces of furniture with heart, soul and memory, right here in town. His workshop in North Charleston is always buzzing with energy - saws running in the background. people coming and going, the voices of collaboration carrying over the noise of production. He's seen some change in the city he's called home for almost 50 years, and isn't shy with his thoughts on the evolution of his city.

#### **TBLX:** Why Charleston?

**CC:** I grew up on Orange Street downtown in the 1970s - Charleston is home because it's home. I love the people here – everyone in Charleston has a big heart, is happy to give you the time of day, say hello and see how life is going. I'm grounded here, my business is here - I want to raise my family the way I was raised in Charleston. I love my city.

#### **TBLX:** How is Charleston changing?

**CC:** Boy, it certainly has changed. I remember a Charleston where it would be a shock to see more than a handful of cars rolling down King Street. Now, it's busier than ever with people and traffic and construction, but it's all good we appreciate the growth and are happy people are here, sharing in our beautiful city. There are some really great people that I've met that have come to Charleston from out of town and are here doing incredible things for the city and our community. Whether it's implementing programs to help with preservation, or opening amazing restaurants, we're grateful. The growth of our city has contributed to the growth of our business, and we're grateful for that.

#### TBLX: What is your favorite way to enjoy the city?

**CC:** Charleston has some really good, small theater events, which I always enjoy. But my favorite thing to do

in Charleston is to cast out a line. I try not to leave home without a fishing rod in my truck and if I'm on the way home, or driving around the city and traffic gets bad, I'll think to myself, "what's the closest place I could go wet a line?" I'll pull over to one of my favorite spots and cast, wait for the traffic to calm down, and just enjov where I am.

#### TBLX: What is your favorite thing to do with friends visiting Charleston from out of town?

**CC:** I love figuring out little boat excursions to show people Charleston from the water. It's a peaceful way to see the big picture of Charleston - our shorelines are still so beautiful.

"Streets used to be swept by hand--a couple of guys with brooms and trash bins with little wheels on them. We knew them all by name, would hand out lemonade to them when we saw them coming around."

Of course it's fun to take people for a stroll downtown and tell stories about the Charleston of my childhood it's changed so much over the years. Tradd Street, Legare Street, South of Broad – those streets really take me back to my childhood and are still just as beautiful as they were back then. The homes have been renovated thoughtfully and restored carefully which is important to me.

#### **TBLX:** What is something that people don't know about Charleston?

**CC:** I mean Charleston has changed so much, even in my lifetime. The city streets used to be swept by hand – a couple of guys with brooms and trash bins with little wheels on them. We knew them all by name, would hand out lemonade to them when we saw them coming around. Imagine keeping a city like ours clean today with a trash bin on wheels and a broom? We've come a long way.



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WENDY W. **KOPP** Senior Vice President, Private Wealth

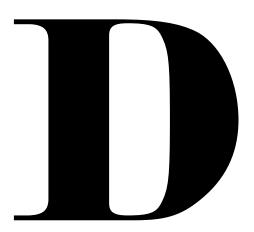


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#### Daniel Island





ANIEL ISLAND IS a private community with a private golf club, or in other words, not exactly a starter home kinda place. But nice, it certainly is. Fifteen minutes from downtown and not developed until 1996, this neighborhood is so new it makes Mount Pleasant look ancient. To those who don't live here or golf here, it's known by the Volvo Car Open, the Charleston Battery soccer team, and as the home of the campus of tech firm, Blackbaud. If you find yourself here, the island offers many family-friendly green spaces, and a downtown area where all of its restaurants are in close proximity.

#### EAT, DRINK

#### Vespa Pizzeria

Crispy, Neapolitan-style woodfired pizza served in a casual, lively environment. It's a great place to go before or after a concert at Volvo Car Stadium, but be prepared to wait, you won't be the only one with this idea.

>> VESPAPIZZERIA.COM

#### Dockery's

With its tagline of "Food. Beer. Music." it's pretty clear what Dockery's has to offer, and we're not mad about that. With music every Thursday through Sunday, we recommend checking the event calendar and booking your reservation in advance. >> DOCKERYSDI.COM



**THERE'S A THEME HERE** Enjoy an artfully Italian experience at Vespa's



#### **Blondies Bagel and Cafe**

Locals spot for breakfast and lunch. New Jersey expat sisters and business partners bring the heat with their homemade cream cheese and baked goods. >> BLONDIESDI.COM

#### Sermet's Courtyard

Once a popular downtown bistro, and now the the only remaining Sermet's location, this bistro offers a more laid back atmosphere, still with its signature "Southernterranean" inspired dishes. Book a reservation and take an after dinner stroll along the Wando river. >> SERMETS.COM

#### **Daniel Island Grille**

Grab a beer and watch the game at the DIG, a family and pet friendly neighborhood spot known for its burgers, wings, and outdoor patio. >> DIGHOSPITALITY.COM

#### Bin526

Yes, it's named after a freeway, but with "50+" wines on tap, they pride themselves on making fine wine approachable in a friendly, no-pressure environment. >> BIN526.COM

#### Little Italy Daniel Island

Otherwise known as LIDI, home-style Italian food with an ever rotating menu. Welcoming atmosphere and kid friendly. >> RISTORANTELIDI.COM

#### Laura Alberts

A restaurant, wine, beer and gift shop all in one. Our favorites include the fried Brie rolls and the BBQ shrimp. >> LAURAALBERTS.COM

#### **Agaves Cantina**

Go all in with the Molcajete--a hot stone bowl filled with carne asada, chicken, sausage, avocado, cheese, and other delights. Their "Muy Rapido Lunch" for \$5.75 is highway robbery. >> AGAVESCANTINA.COM

#### **Dragon Palace**

We have a soft spot for all-white-meat sesame and orange chicken. The handmade dumplings served in bamboo steamers will offset any guilt of ordering like you're at P.F. Chang's.

>> DRAGONPALACESC.COM





#### **The Charleston Battery**

The other football plays at the MUSC Health Stadium. General Admission tickets for the Battery are under \$20, and the stadium hosts international exhibition matches, and the MLS Carolina Challenge Cup.

>> CHARLESTONBATTERY.COM

#### Volvo Car Stadium

Home of the Volvo Car Open every spring, and countless concerts throughout the year, this outdoor venue is within walking distance of several restaurants. Plan ahead for a concert and catch dinner (or drinks) before the show.

>> VOLVOCARSTADIUMCONCERTS.COM

#### **Sister City Cruises**

For a bespoke way to tour Charleston's waterways, charter a 30-foot Back Cove yacht from this Daniel-Island-based company. Harbor, barrier island, and full moon cruises available... or whatever floats your boat. >> SISTERCITYCRUISE.COM







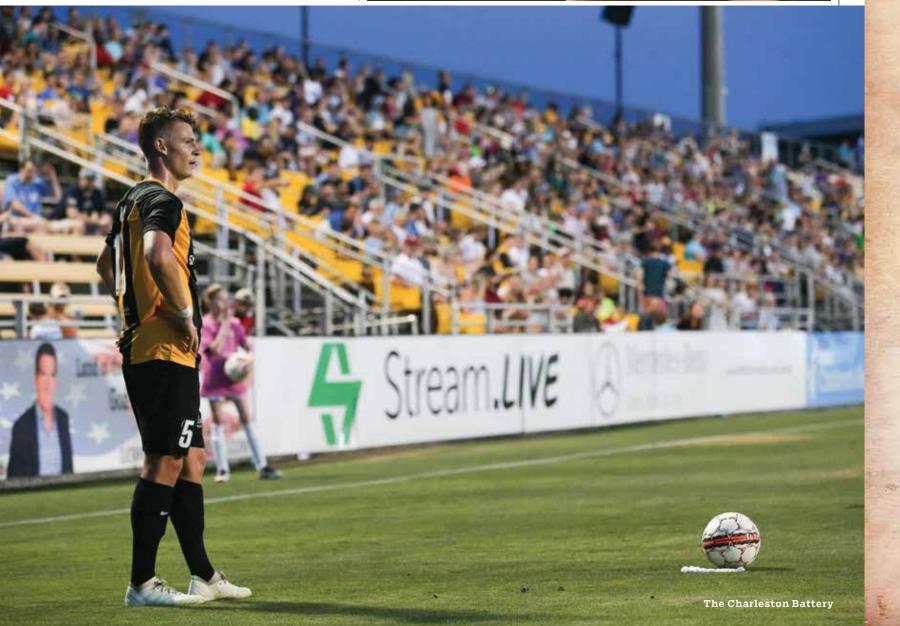
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#### THE NEIGHBORHOOD DINING GROUP

neighborhooddininggroup.com



**CONSERVATIONIST** and food activist Sara Clow is the General Manager of Growfood Carolina, a project of the Coastal Conservation League with a mission to protect South Carolina's family farms. Since moving to Charleston to launch Growfood in 2011, Clow has worked to protect farming and farmland in her adopted home state by connecting local farmers with Charleston's thriving restaurant community, and through political action. In a city that has blown up as fast as Charleston, the land needs protectors, and Sara Clow is one of its most ardent.

#### **TBLX:** Why Charleston?

**SC:** I was recruited to come and start Growfood Carolina. I was in San Francisco working for an organic tree fruit marketing company, and when the Coastal Conservation League started talking about creating this program, they reached out to me. I landed [in Charleston] in June of 2011.

#### TBLX: What is your favorite way to enjoy the city?

**SC:** I have become much closer to the fishing community since I've been here, simply because we're all working with the chefs, and we're working towards the same goals, and so I joined Abundant Seafood's CSF – Community Supported Fishery. You pay in advance, and then they broadcast a text when [Abundant Seafood's owner] Mark [Marhefka] is coming in with the fish, they set pickup times, and you go down to the dock at Shem Creek, and there are five different [types of fish]—whatever they caught, and you've got a punch card, and you take two punches of snapper, or whatever, and it's taught me so much. I didn't understand the seasonality of fish, similar to the seasonality of vegetables. Going out to Shem Creek is wonderful, you're standing on the dock, Mark is telling you how to cook it, or what's important about it. *That* is Charleston, to me.

#### **TBLX:** What's your favorite thing to do with friends from out of town?

**SC:** I live in Park Circle and I love that neighborhood. So we do a walkabout, or jump on the bike cruisers. I stand up paddleboard, so we can get folks out on the water, whether

# Sara Clow

it's stand-up paddleboarding or kayaking. At the Coastal Conservation League, we work closely with Coastal Expeditions, and Chris Corley's team is amazing. And not a lot of people know about the ferry system here. Even if you don't own a boat, you're on the water and it's a wonderful way to see the city. You can take it from the Maritime Center to Patriot's Point. If there are kids, I think the Yorktown is really cool.

#### **TBLX:** How is it changing?

**SC:** How the peninsula has grown. Because of my position at the Coastal Conservation League, we've known for a long time that this growth was coming, and have put programs in place to level out the playing field. Making sure that we have the vision of a greenbelt around Charleston. Making sure that there are open landscapes and productive landscapes, and Growfood obviously plays into productive landscapes. Growfood was started to preserve farmlands. The Coastal Conservation League and its board and founder started to realize that farmland was being lost at a rapid rate. I think people start to recognize it more and more as we see resiliency coming into play. We're looking at sea level rise, this piece of land might not look important to protect right now, that's a farm, but in seven years, when more of the Peninsula is covered, this is an important piece.

#### **TBLX:** What is something that people don't know about Charleston?

**SC:** You don't have to be part of the Community Supported Fishery to go to the dock and buy fish. Go to Tarvin Seafood and buy shrimp. Cindy [Tarvin] is open almost year-round. If you want to sample the local aquaculture, don't assume that all of the restaurants in Charleston are serving local shrimp. Go find it yourself, cook it yourself, and enjoy. "We're looking at sea level rise, this piece of land might not look important to protect right now, that's a farm, but in seven years, when more of the Peninsula is covered, this is an important piece."



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#### West Ashley

# 

#### **UST ACROSS THE ASHLEY RIVER**

from downtown Charleston is the city's oldest suburb, West Ashley—not as sparkly as Mount Pleasant, and its residents prefer it that way. Bordered by the Ashley River to

the north and the Stono River to the south, this eclectic old suburbia is crisscrossed with waterways and tributaries, and composed of various neighborhoods that fan westward; a mix of grand old neighborhoods and brick post-war bungalows. Among the oldest of those are South Windermere, which is sometimes closer to downtown than downtown can be to itself; Byrnes Downs, adjacent to the vibrant restaurant/bar hub of Avondale; and The Crescent—a neighborhood with impressive houses under a canopy of oaks. Heading due west takes you to Car-Dealership-Landia and Mallville; head north along the Ashley River and you'll find Charles Towne Landing, where the Carolina Colony was first founded, and further up river is the highest concentration of antebellum plantations in the area, with Magnolia Plantation, Drayton Hall, and Middleton Place.



#### EAT, DRINK

#### Mex 1

Solid Baja-style Mexican food with a massive condiment bar with something for every persuasion. Beachy-industrial custom furniture and wall-mounted surfboards make the ocean feel closer and a house margarita or cold Pacifico feel mandatory. >> MEXICOASTALCANTINA.COM

#### **Charles Towne Fermentory**

This Avondale brewery and taproom is buzzing most nights. Craft beers made with a focus on traditional ingredients and fermentation practices, mixed with well-loved board games, foosball, and a rotating lineup of local chefs keeps this spot high on our list of favorites.

>> CHSFERMENTORY.COM



#### Nirlep

Don't judge an Indian restaurant by its former Pizza Hut façade--Nirlep is a stealth local favorite restaurant in any category. Arrive at 11:30 for a daily buffet and catch curries and tandooris as they emerge from the kitchen. Don't skip the gulab jamun (fried dough balls) or the rice pudding with side of mango custard. >> NIRLEPCHARLESTON.US

#### **Boxcar Betty's**

An unassuming exterior along a busy stretch of Highway 17 houses one of the best fried chicken sandwiches in town. Get in line and be prepared to wait a few minutes at lunchtime - it's a popular spot with the locals. Stick to the basics - order a Boxcar fried chicken sandwich with hand cut fries and you can thank us later. >> BOXCARBETTY.COM

#### **Red Orchids China Bistro**

Tucked away in a nondescript stripmall is a local favorite and well-kept secret since 2002 - some of the best Chinese food in town. It's mostly all served family style for sharing, but the signature crispy red snapper dish is a must. Save room for dessert as Cirsea ice cream doesn't disappoint. >> REDORCHIDS.COM



#### **Glass Onion**

What's local is what you get at Glass Onion. Focused on highlighting the best ingredients the lowcountry has to offer in a creative and super delicious way is what this upbeat, neighborhood spot is known for. This menu isn't light and changes regularly - be prepared to indulge. >> ILOVETHEGLASSONION.COM



#### **Three Little Birds**

There is almost always a wait here, but a solid breakfast menu, tasty lunch options and a varied smoothie offering keep the locals coming. >> THREELITTLEBIRDSCAFE.COM

#### Swig & Swine

House made sausage, burnt ends, and pulled pork sausage are highlights, but don't skip the fried pickles, mac and cheese or the baked potato salad. >> SWIGANDSWINEBBQ.COM

#### Al Di La

A reliable, local neighborhood italian restaurant. Make reservations in the dining room for a slightly more formal experience, or grab a hightop in the bar for a glass of wine and quick bite, like the locals. Homemade pastas are always winners, and their fish specials are usually on point. >> ALDILARESTAURANT.COM

#### Gene's Hoffbrau

An Avondale anchor dive bar with a full menu of greasy favorites that pair well with a cold one (or three). A hefty house stock of classic board games, if you'd like some Trivial Pursuit with you po-boy and lager. >> GENES.BEER

#### Pearlz

Can't decide between a stiff cocktail or oysters on the half shell? Head to this neighborhood haunt, a quaint version of its sister location downtown. We recommend their twist on Oysters Rockefeller with crawfish, lump crab and bacon. >> PEARLZOYSTERBAR.COM





Three Little Birds

#### SEE, DO

#### West Ashley Greenway

An 8.25 mile linear park that stretches from behind the South Windermere shopping center in West Ashley, all the way to Johns Island. Walk, run or bike along the path - it's great for families and a nice place to get some exercise! >> WESTASHLEYGREENWAY.ORG

#### **Antiques of South Windermere**

Made up of booth-like collections from different local dealers, this antiques shop is filled with all kinds of different finds, spanning various time periods.

#### **Charlestowne Landing**

The origin point of the Carolina Colony, the Family focused state park has a museum, a ship to explore, a petting zoo, surrounded by nature. You may run into a family reunion picnic or a wedding here, perhaps your own.

>> SOUTHCAROLINAPARKS.COM

#### STAY

There are many national chain hotels in West Ashley, if need be. Among them, the penthouse bar and restaurant of the Holiday Inn Charleston-Riverview is a standout, if only for the view.

#### The Inn at Middleton Place

This modern inn overlooking a turn in the Ashley River is a short stroll and a few alligator sightings away from its namesake plantation and gardens. A night's stay includes wine and cheese happy hour, admission to the plantation, and breakfast. The restaurant has lush green views from every angle, and not to be missed.

>> THEINNATMIDDLETONPLACE.COM

# ON THE PLANTATION

#### Drayton Hall

Touring this unfurnished and preserved (rather than restored) plantation offers a more raw experience than others. Sure, there are no lace doilies and antique dolls to get in the way of the details of the millwork and plaster ornamentation, but it's also something else... the empty rooms speak volumes. Old Village wine and cheese bar Rudi's has an outpost here for sophisticated snacking. It's the earliest example Palladian architecture in the United States. *draytonhall.org* 

#### Magnolia Plantation

Magnolia offers a full day of activities; with a cage-free petting zoo, complete with friendly feedable deer, fanning peacocks, and one turkey that you won't wanna turn your back on. Easy-to-follow trails weaving through lush gardens are

good for a romantic date or family stroll. We recommend the swamp trail boardwalk, which meanders past baby gators, turtles, an occasional snake, and plenty of Lowcounty waterfowl. Don't be embarrassed to get on the train tour, if the well-stocked snack bar has you feeling lazy. magnoliaplantation.com

#### Middleton Place

The Versailles-inspired gardens are the star at Middleton Place, which overlook a dramatic turn in the Ashley River and ponds the shape of butterfly wings below a contoured lawn. Marble sculptures preside over the wide geometric trails. The main house is gone, but the structure that remains is worth the tour, with sobering artifacts such as slave tags on display alongside the trappings of antebellum wealth. *middletonplace.org* 





Drayton Hall The Inn at Middleton Place Middleton Place sheep MARCH 6 - 10, 2019 CHARLESTON WINE + FOOD

#### EXPERIENCE OUR STORY.



"There's a culture here that's stood strong for hundreds of years and is still here. So you need to peel back the layers, and dig deep into the books. Not just what they put on the front cover."

**PRIVATE CHEF** Benjamin "BJ" Dennis is known worldwide as the culinary ambassador of Gullah Geechee culture--an African-American community in the coastal Southeast with their own distinct language and strong connections to African culture, crafts, and cuisine. With food as his mode of expression, Dennis seeks a broader celebration of Gullah Geechee--a term that was a pejorative in his parents' day, but which he now wears-literallyas a badge of pride.

#### **TBLX:** Why Charleston?

**BD:** I wanted to be a face that represented our culture. I knew 'Hey, can you point me in the right direction.' So yeah. I like to that we had something special here, but it was so suppressed, take them to the off-beaten paths that truly are part of the city. and we don't even know here, sometimes, who we are and what we have. I lived in the Virgin Islands for 4 years, in St. **TBLX:** *How is Charleston changing?* Thomas. Being a thousand-plus miles away, groups of people on other Caribbean islands would know about Gullah Geechee **BD:** It's in a bubble. I don't know which way it's going, because culture. That really opened my mind. They got to be very when black folks were being gentrified out of the city, nobody unapologetically who they are. I came back here and saw there was really listening. Now nobody can afford to stay in the city, was a limited representation of our culture. Here growing up, so everybody is crying about housing. We had a lot of outside my parents, you told them it was Gullah Geechee, that's a fight. influence come into the city that probably didn't know the city in It was a stigma of ignorance. You don't know how to speak all aspects, and just came to open up things. You've got developers properly, not knowing that truthfully it was a language that had just putting up these developments all over. You see half these new all these West African words in it, even words that we say to high-end apartment buildings are half-full. They can't even fill up this day as Southerners--Bubba is Gullah for boy-boy. Bubba the spaces, but we still see more coming. And they're not dropping comes from a West African language. It made me realize it's a their prices. I see Charleston as a question mark. It's very hard real thing, not just a pidgin language; it's a language. That's the to see where it's going. But the culture will always be here. You big goal. Using our culture to build an economic base. Bringing may not always see it, but we're here. Go in the islands, we're here. tourism to certain areas that still have a stronghold of Gullah Go in North Charleston, we're here. Go in Goose Creek, Ladson, Geechee culture, like Sol Legare, [and] Mosquito Beach. But Hanahan. Summerville, that's culture to me. That's Gullah Geechee. for me my goal was food. This is my passion, this is what I want all the way from the coast to Summerville, down to Ravenel, down to do, and I think food has a powerful voice. to Hollywood, so it's more than Charleston to me. When I think of Charleston, I think of all those areas, not just the peninsula.

#### **TBLX:** What is your favorite way to enjoy the city?

**BD:** Just going to see family, you know? My grandmother's 91-years-old, and just to be able to pull up on our family land. on Clement's Ferry, by Daniel Island... I think for me, being a ninth-plus generation Charlestonian, to walk on my family land, that my great-grandfather bought in 1906, just to be able to stand on it, and sit with my grandmother, that is what I enjoy. The beauty of Charleston is that you can go from city to countryside in ten or fifteen minutes.

#### **TBLX:** What's your favorite thing to do with friends from out of town?

**BD:** A lot of times my friends from out of town, they want to see culture, so I like to take them down to Beaufort. That stretch, that drive... takes me back to what Charleston used to be, you still see the shrimp boats, and just the beauty of driving down that way. I like to take them to the mom and pop spots in Charleston, a place like Nana's Seafood; a place like Sol Legare on James Island. Going by Mosquito Beach. Taking them to see some of the farmers on John's Island like Mr. Joseph Fields. A lot of my friends who come from out of town, a lot of times they'll be social media friends. People who just follow me who say, 'I'm coming to Charleston, and I wanna see it. I don't want to see what they're putting out here in the carriage tours, which is one-sided stories. I want to know the story of the culture. And that goes across all races. White folks, black folks, say,

#### **TBLX:** What is something that people don't know about Charleston?

**BD:** There's more than meets the eye. There's more than what you see, or what they show you. There's a whole backstory to why the city is what it is, for better or worse. And there's a culture here that's stood strong for hundreds of years and is still here. So you need to peel back the layers, and dig deep into the books. Not just what they put on the front cover.

Where an evening filled with fine wine and delicious food, is complimented by an inviting setting and fabulous conversation.

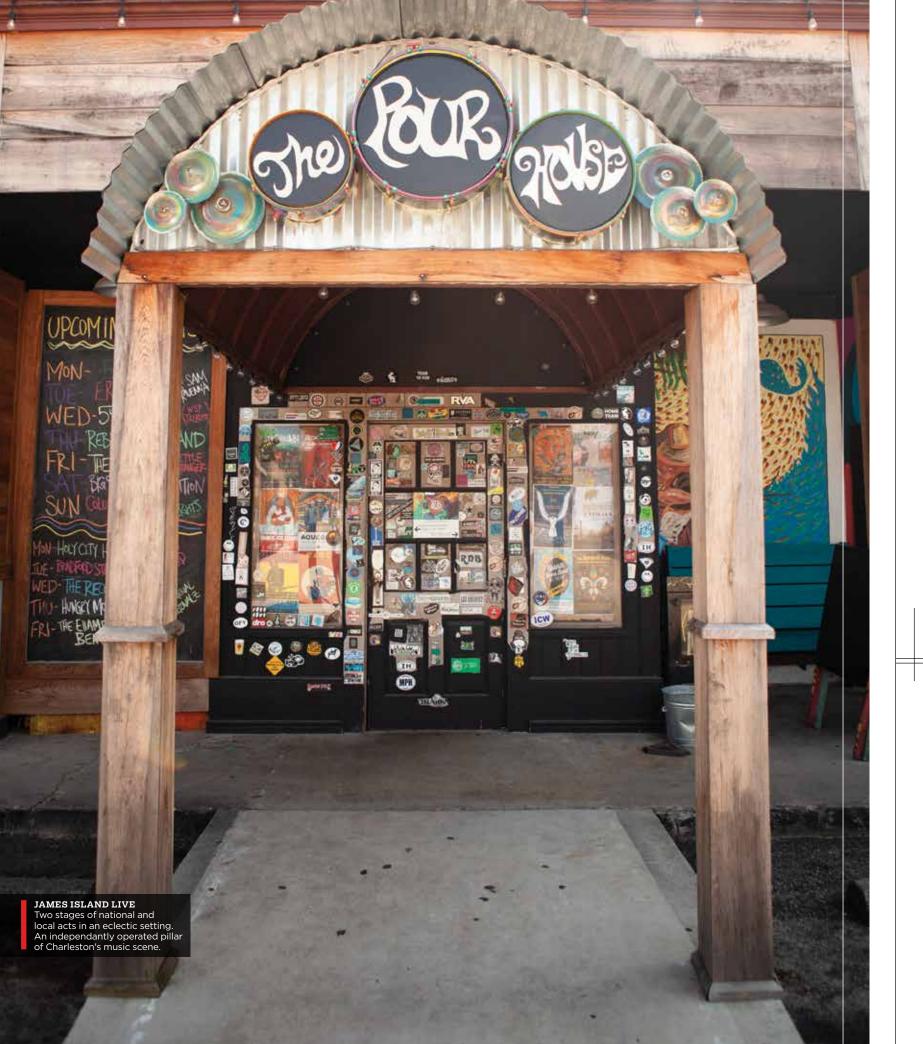
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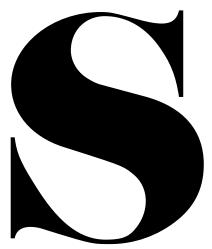
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# Sames Sames





# James Island



**TRAIGHT ACROSS** the harbor from the tip of the Charleston Peninsula, James Island is low-lying suburb bordered by the Stono River and the Charleston Harbor. From the Riverland Terrace neighborhood's avenue of oaks, to the local watering holes of Maybank Highway, to the far-flung Folly Road Marshland, James Island is a diverse suburb with a noticeable lack of pretension.

## EAT, DRINK

#### Crust

Dark and moody in the best way. The friendly staff, wood fired pizzas, and honestly everything else on the menu are on point.

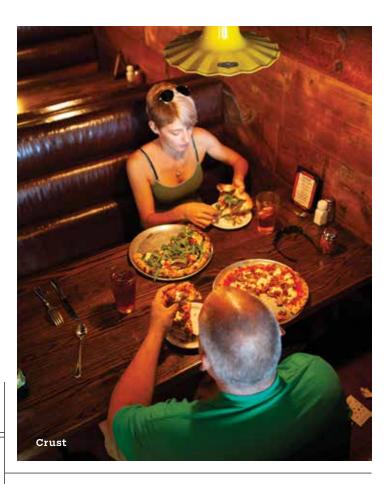
>> CRUSTWOODFIREDPIZZA.COM

## **Baguette Magic**

Serving breakfast or lunch, a perfect spot to snag a baguette sandwich on the way to the beach. >> BAGUETTEMAGIC.COM

## Pho Saigon

Let's face it--Charleston needs more Asian food. Thankfully Pho Saigon gives us the Vietnamese food we've been craving. We recommend the classic Chicken Pho, double the broth if take out. >> 843.974.4732



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## The Lot

You wouldn't expect fine dining hiding next to a popular music venue, but this local's secret spot has a small but artful menu. >> THELOTCHARLESTON.COM

## **Gillie's Soul Food**

Fried Okra, Mac and Cheese, Sweet Tea and Fried Chicken-- everything we love about a meat and three concept with heart and soul. Don't forget a photo of your own grandmother for the Grandma Wall. >> GILLIESOULFOOD.COM

## Ellis Creek Fish Camp

Crazy good views from the outdoor patio, without all of the manic energy of downtown. Don't miss Taco Tuesdays and the boiled peanuts. Children and pet friendly. >> ELLISCREEKFISHCAMP.COM

## Paddock & Whisky

A new bourbon bar two doors down from Terrace Theatre with an obsession-level of obscure whisky. >> 843.225.5877

## The Bohemian Bull

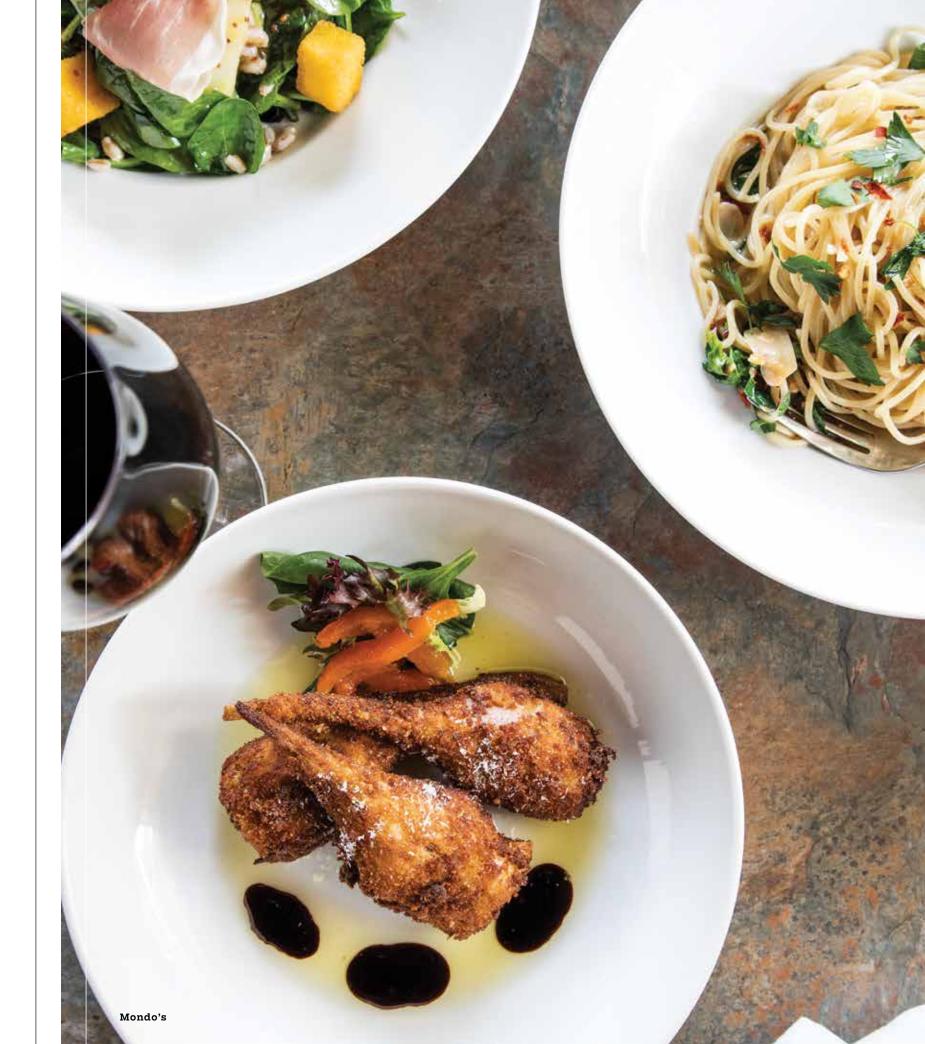
A true neighborhood spot for a burger, local beer, and games in the beer garden. >> BOHEMIANBULL.COM

## Mondo's

Leave the fussy Italian for the Peninsula, and come here for house made mozzarella, real portions, and reasonable prices. >> EATATMONDOS.COM

## **Island Breeze**

Drink rum punch overlooking a marsh at this Jamaican-lowcountry restaurant on Mosquito Beach--a stronghold of Gullah Geechee culture and the only "beach" black people were allowed to visit until desegregation. Once was a lively area of dance clubs and a boardwalk in the 50's,. Island Breeze is bringing people of all colors back to Mosquito Beach.



## SEE, DO

## **Maybank Tennis Center**

Imagine the tennis portion of a country club for people who aren't into the private club thing, drawing a broad and loyal swath of locals. >> CHARLESTON-SC.GOV

## Wild Blue Ropes

No, it's not a licorice flavor, it's a ropes course for thrill-seeking, corporate trust building, and for relationship stress-tests, couples nights. >> WILDBLUEROPES.COM

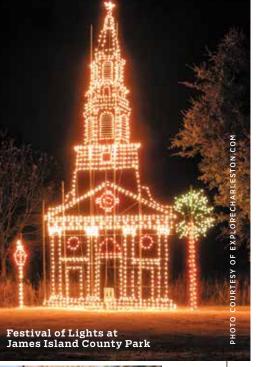
## **Terrace Theater**

The most civilized cinephile experience in Charleston, an indie theatre with indie films and wine and beer to wash down your popcorn. >> TERRACETHEATER.COM

## **Charleston Pour House**

Beloved music venue (see opening spread) >> CHARLESTONPOURHOUSE.COM









## **McLeod Plantation**

Cotton plantation. Gullah Heritage site. Self-guided or tour-guided. Outbuildings include six slave houses. Freedmen's Bureau was headquartered here after the war to help freed slaves adjust to life. >> CCPRC.COM

## **James Island County Park**

643-acre park with saltwater fishing and crabbing in tidal creeks, a dog park, a waterpark, and an outdoor climbing wall. Walking trails, a campground, and bike, kayak, and peddle boat rentals.

>> CCPRC.COM

## STAY

#### The Cottages at **James Island County Park**

\$149 per night (2018). Nothing fancy, but housing a family of six in Charleston for a night with water-view screen porches at that price is a unicorn deal. >> CCPRC.COM

# SO MANY WAYS **TO SAY DELICIOUS.**



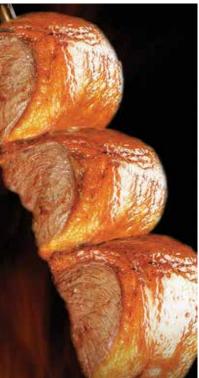




GRILL & GRILI



TBONZ **KAMINSKY'S** CHARLESTON, SC CHARLESTON, SC WEST ASHLEY, SC Columbia, SC WEST ASHLEY, SC Myrtle Beach, SC







Comprised of several different concepts, each restaurant has its own distinct personality that embodies a casual, friendly and eclectic atmosphere.







MOUNT PLEASANT, SC MYRTLE BEACH. SC COLUMBIA, SC IRMO, SC GREENVILLE, SC





MYRTLE BEACH, SC HIGH POINT. NC



NORTH MYRTLE BEACH, SC

CHARLESTON, SC WEST ASHLEY, SC Columbia, SC Charlotte, NC



NORTH MYRTLE BEACH, SC





MIKE VEECK, the advisor and part-owner of Charleston's minor league hometown baseball team, the RiverDogs, is as Chicago as deep-dish pizza. But he has come to love the holy city in his 22-years in residence. Veeck hails from a baseball dynasty-his father owned the Chicago White Sox, among other Major League teams, and his grandfather was president of the Chicago Cubs. Veeck has worked for four Major League baseball teams over the course of his long and famously *colorful* career. His laugh is infectious, his handshake is legal tender, and as the author of the book, Fun *is Good*. he wants everyone in his orbit to always be having as much fun as possible-provided they make the playoffs.

#### **TBLX:** Why Charleston?

**MV:** We were in St. Paul, and my partners, Marv Goldklang, Bill [Murray] and Van [Schley] owned a club called the RiverDogs, but back then they were the Rainbows. And they asked me, since we'd had such a marvelous run [in St. Paul], to come down and see if I could louse this operation up some way. I owed them because they hired me when no one else would. And in Chicago, we take owin' somebody real serious. I'd always been a fix-it guy. Especially cutting my teeth in Chicago with the White Sox. And here was the chance to come to Charleston, see what the operation was like, and build a brand new ballpark, which for me was important in my growth.

#### **TBLX:** What is your favorite way to enjoy the city?

**MV:** Bike riding. I love this city on bike. I love the Murray Boulevard circle around the Citadel, I love the waterfrontif I can be looking at water, life's pretty good. Charleston's such a sophisticated city, and I'm not pandering to them; I'm not talking about the people who maintain the patina of sophistication. I'm talking about, there's real architecture here that matters, there's real history here that matters. But the thing that's most forgotten [is], there's a beach here, there's a big ocean. So when you have all of this natural beauty surrounding all of this man-made beauty, it's pretty much a symphony of mankind at its best.

#### **TBLX:** What's your favorite thing to do with friends from out of town?

**MV:** Pitt Street Bridge. I put 'em on a bike and ride straight out to the end of the bridge and go, 'this is the power of a hurricane.' And looking back, that's Charleston, count the spires, count the saloons, look at this port. I know it's illegal to say it, but it doesn't matter, at some point or another, I'm going to be residing in that beautiful water right off the Pitt Street Bridge. Illegal though it may be, that's the only place--I want to have a huge party, a lot of Bob Dylan Played, I want to throw a bicycle in, and my ashes on top and I'll ride the currents.

#### **TBLX:** *How is Charleston changing?*

**MV:** Everyone predicted when we got down here that the Navy base closing back in the 80's was gonna be the death of Charleston. That was not the case, and [former Charleston Mayor] Joe Riley was a visionary. We've been the beneficiary of this growth. People were looking for a hometown feel, and that's kind of what I like to think that [general manager] Dave Echols and the RiverDogs folks here do--create that home town. And one of the things I'm most proud of, is that after the horrific shootings and those 9 people lost their lives in Mother Emanuel, Mayor Riley asked us to play a ball game. And I said, 'we're not gonna shoot fireworks off,' we were very adamant, and the guy said we need a place to heal. And we have to start, so suspend all the cheap theatrics, and let's have a gathering place, and we had four or five thousand people. He was right, I was wrong. But it's that sense of community. That's where I think we fit into this place. We're bridging between the Old Charleston, which operated with a single lane bridge over the Cooper, and the new high tech millennial gathering place. And unlike a lot of my contemporaries, I love millennials. This town has already changed. People who are waiting for the change, it's here, it's come; you're five years late in warding it off, so join it and have fun with it.

#### **TBLX:** What is something that people don't know about Charleston?

**MV:** Find someone who's lived in Charleston for a long time, and the town opens up magically. You don't have to come in and make demands. If you come in quietly, and listen for your first six months, you'll hear amazing things, and you'll meet amazing people. I think decorum and manners are absolutely irresistible. And I think if you come in humbly and keep your mouth shut you learn a lot. And then you pop off. Obviously I'm living testament [that] you can pop off like crazy.



"We're bridging between the **Old Charleston, which** operated with a single lane bridge over the Cooper, and the new high tech millennial gathering place."

The

# DARLING Øyster Bar

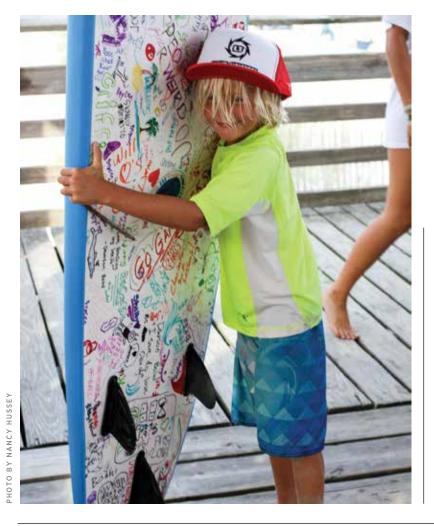
DINNER 4PM-CLOSE DAILY

HENSTER

513 KING ST, CHARLESTON, SC FOR RESERVATIONS CALL 843.641.0821 OR VISIT THEDARLING.COM SUNDAY BRUNCH



## Folly Beach



## EAT, DRINK

## **Bert's Market**

With everything from ice-cream, to wine, to its in-house deli, The Wooden Spoon, this market quite literally has it all. With the nearest grocery store across a few bridges, Bert's is the place to shop to keep your head in that Folly Beach state of mind. >> 843.588.9449

## **Crosby's Seafood**

With an address on James Island, technically located on Oak Island, but on the way into Folly Beach, this family owned and operated seafood company is worth the daily drive to pick up fresh Carolina catch for cooking back at your beach house. Be sure to ask about their favorite recipes. >> CROSBYSSEAFOOD.COM



**OLLY BEACH IS** the barrier Island just beyond James Island, and it has the best surf break in Charleston. It's got a far more casual, longboard and Corona feel than any other beach in the area. The drive out to Folly takes you past shrimp boats and waterside seafood joints, chief of which is the local favorite—Bowen's Island. It's the kind of beach that somehow manages to hold on to its true grit, while still welcoming hordes of visitors every season. We recommend going during the October to April low season.



**FLOP IN TO BERT'S** Don't forget eggs, milk, boiled peanuts and sex wax.

DOVDE

FB

## **Bowen's Island**

Best known for serving locally harvested oysters and located at the tip of a 13-acre island near Folly Beach, the open-aired dining room has one of the best sunset views in the greater Charleston area. Just pack your bugspray. >> BOWENSISLAND.COM

#### Surf Bar

The bit of Folly we hope never goes away, with its unassuming entrance, and walls covered in personalized dollar bills. After a day at the beach, headover for a pain killer (or 2) and enjoy the live music. Sandy feet welcome.

>> SURFBARFOLLYBEACH.COM

## Lost Dog Cafe

A time-tested staple for both humans and canines. One of few brunch spots on Folly that brings a non-beach crowd. Get the breakfast burrito and find your lost dog on the dog wall of fame. >> LOSTDOGFOLLYBEACH.COM

## Drop in Bar and Deli

Not your average beach deli (a la **Sushi by Lisa**). We recommend the Little Havana and the live music with a Drop in Bloody Mary. >> **DROPINDELI.COM** 

## Jack of Cups

Another dive bar, and we're not mad about it. Especially when it comes with a Ramen Noodle Bowl and Red Curry Mac and Cheese. Veggie-lover friendly.

#### >> JACKOFCUPS.COM



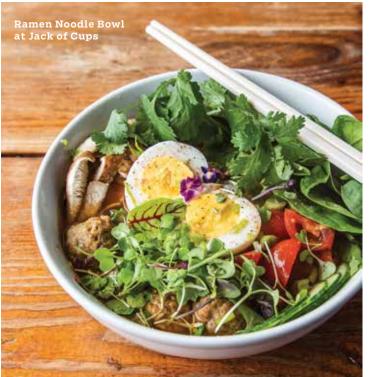


## Wichdoctor

Pizza. Really good pizza. Need we say more? Oh, and the Hanoi Hoagie with lemongrass beef and nuoc cham. Trust us. >> 843.588.6666

## Locklears on Little Oak

More often referred to as "Lolos" with an epic view off of its screened in dining area, this local favorite stands alone, literally, as you head into Folly. The staff makes you feel as if you're walking into your family's kitchen, and you certainly won't leave hungry. >> 843.207.4169





SURF AND...SURF Take your dinner off-road and eat at Bowen's Island. Scratch your name in the wall, stretch your stomach and order everything.



## SEE, DO

#### **Ocean Surf Shop**

If you want to go full Folly, rent a longboard and paddle out by the pier to show off for the beach bums. Run by surfers, for surfers, it's your one stop shop for surfboards, paddleboards, body boards, skim boards... sales, rentals... and repairs, for if you get too close to the pylons.

>> OCEANSURFSHOP.COM

#### **Morris Island Lighthouse**

This 1876 lighthouse was built to replace an even older one at the southern entrance to Charleston. It's a beautiful sight from the north end of Folly. Tours available by charter.

#### **Charleston Outdoor Adventures**

Dolphin watching tour, tour the marsh by kayak or paddleboard, and fish by kayak or charter.

>> CHARLESTONOUTDOORADVENTURES.COM

## **Folly Beach Pier**

Saltwater fishing, just don't cast into the surfers. Ocean-front restaurant and bar. Rod rentals at the bait and tackle shop... the jokes write themselves.

>> CCPRC.COM

## **Folly Beach County Park**

At the west end of Folly is a park with lifeguards on duty seasonally, and a designated swimming area. Skimmer Flats, a major Eastern Brown Pelican rookery, is visible at the west end of the park. >> CCPRC.COM

## Bill Murray lookalike Polar Bear Plunge

If you happen to be here on New Year's Day, "freeze your Bills off," dress like your favorite Bill Murray character and run into the ocean. Don't get your proton packs or golf clubs wet. >> FOLLYBEACH.COM

#### Beach yoga

When in Folly, go with the flow and "you-maste" on the beach. They go a little crazy with the matrimonial-themed classes, but you don't have to be a bachelorette to partake. >> SERENITYTREEYOGA.COM

## Sand Dollar Social Club

An old shag club from Folly's early days as the beach nightlife epicenter of Charleston. It's private but membership is a pittance. Cheap drinks, live music, ping-pong and pool. Smoking allowed. >> 7 CENTER STREET

## STAY

#### **Beach House rentals**

One of the only beaches in Charleston with an abundance of beach house rentals. If that sounds good, you know how to use the internet.

#### **Beachside Boutique Inn**

A vibrant, "Folly-funky" family-owned inn comprised of four cottages, with stand-alone rentals and suites.

>> BEACHSIDEBOUTIQUEINN.COM





## **Tides Folly Beach**

Sure, it blocks the views of the ocean from the main drag, but on the other hand, if you stay here those views are all yours. Oceanfront patio for gazing down on the beach-goers within range of your bar tab..

>> TIDESFOLLYBEACH.COM

## Waters Edge Inn

Charming 11-room inn with private porches and balconies, golf cart shuttle, and a complimentary Happy Hour with beer, wine, and hors d'oeuvres daily. >> INNATFOLLYBEACH.COM





A LOWER-KING-STREET fine jewelry and gift shop with a doorbell and buzzer entrance might give you every expectation of attitude, but once inside, you're treated like family. And it's family that keeps this 100-year-old landmark going strong--sisters Mariana Hay and Rhett Outten, and Mariana's two daughters, Kathleen and Mini Hay. They're dressed to the nines, they know why you're there before the door closes behind you, and they're responsible for half of Charleston's milestone-marking baubles. When locals say that Croghan's is an institution, what they're referring to is the Old Charleston charm preserved by the ladies of Croghan's.

#### **TBLX:** Why Charleston?

**Rhett:** Charleston has a mix of old and new. and traditional and modern all wrapped up in one. I appreciate the history, marvel over the beauty and enjoy being a part of this community. Kathleen: I have always loved Charleston. After leaving for several years then coming back home, I love it even more. The energy here, the people, the scenery - it's like no other place on earth and we are so lucky to call Charleston home. **Mini:** No matter where I go, I always like Charleston best; the people, the culture, architecture, the food, the art - it can't be beat.

#### **TBLX:** *How is Charleston changing?*

Kathleen: I love seeing all the new restaurants, hotels, and businesses opening here. There's always some new place to try and I love that. I've noticed when traveling that more and more people know of Charleston and always comment on how lucky we are to live here.

**Mini:** We are. And with all the attention we're getting, we are able to embrace our culture and city as it is and show our roots and heritage to visitors, instead of needing to become "Anywhere, USA" to keep up with the rest of country. I think because of the surge in tourism, we are able to hold on to our Charleston and share it with everyone, rather than morphing into something else.

#### TBLX: What is your favorite way to enjoy the city?

Mariana: I like to ride my bike and explore different neighborhoods. I really like the curve in Church Street, Stolls Alley, Philadelphia Alley and just riding around the Battery or through Hampton Park.

Rhett: For me, Charleston is a walking city. The view from

the top of the Cooper River Bridge takes my breath away, as does watching the tide come in or the moonrise on one of our beautiful barrier islands.

Kathleen: Yes - I love experiencing Charleston by water, either on a boat or at the beach. I find peace and so much beauty on the water.

#### **TBLX:** What is your favorite thing to do with friends visiting Charleston from out of town?

Rhett: Cocktails with a view on one of our rooftop bars. **Kathleen:** Yes, definitely visit a rooftop bar, ride bikes around the city, visit a house museum, go on a boat ride, and go out for a meal...

Mariana: A boat ride in the harbor is a fun way to show our city to guests. We have an old, slow, Down Easter-type boat, so touring friends around Charleston usually takes the better part of the day, but it's perfect for good conversations with wine and cheese.

## "With all the attention we're getting, we are able to embrace our culture and city as it is and show our roots and heritage to visitors, instead of needing to become "Anywhere, USA." -Mini Hay

#### **TBLX:** What is something that people don't know about Charleston?

Kathleen: Charleston is called the Holy City because of our many churches. Take time to stop by each one you see, there are so many beautiful details in all of them.

**Rhett:** Charleston was founded on the prospect of religious freedom, and that spirit is still very much alive here. Where else can you find a Huguenot church, a Unitarian church, a Circular Congregation Church, the birthplace of the AME religion, a rich Jewish community...when Grace Episcopal Cathedral was being renovated and could not have Easter services, the synagogue around the corner opened their doors. That's special.

Mariana: Charleston truly is one of the friendliest and most welcoming cities in the world. Charleston has so many things to do, there is no reason to be bored. You finish one weekend and immediately start planning the next.





# MADE IN Charleston

## ON TOP OF THE RICH HISTORY AND BEAUTIFUL SCENERY,

Charleston is a hotbed of creativity. It's a city filled with innovators and entrepreneurs -passionate makers, craftsmen, and small business owners doing their own thing. Some are dedicated to preserving traditions by passing recipes or methods down through generations, and others are focused on pushing the envelope and experimenting. It's so easy to get swept up into buying conventional souvenirs when you visit a new place, and sometimes that's fun, but here, we challenge you to shop small - seek out those extraordinary items that tell a story, and support the artisans that make this small city so vibrant and colorful.

BRACKISH BOWTIES
Beautiful pieces of wearable art, each made by hand using sustainably sourced feathers, including pheasant, guinea and quail varieties.
Starting at \$195

brackishbowties.com

SULT HE TOMAN

#### 1. OLD WHALING COMPANY

Divine small batch soaps, creams and bath bombs made by hand. Indigo & Rice and Magnolia scents are inspired by life in the lowcountry, all a treat for the senses.

» Products starting at \$6 oldwhalingcompany.com

#### 2. DOG & HORSE FINE ART

Custom miniature oil portraits by Beth de Loiselle paired with Susan Smith Burnett's jewelry designs result in heirloom pieces that preserve precious memories of your beloved companions to keep close to your heart.

» Silver Roman Pendant with leather necklace, starting at \$3,700 dogandhorsefineart.com

96 TBLX>CHARLESTON



#### 3. SMITHEY IRONWARE

Heritage quality cast iron skillet, hand poured in Charleston. This will last generations and only gets better with age – perfect for big, southern meals.

» Smithey Ironware 12" skillet, \$200 smitheyironware.com

#### 4. LANDRUM TABLES

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Made by hand in North Charleston from reclaimed Charleston wood, these tables are strong enough for a commercial kitchen but pretty enough for yours at home.

» Landrum Tables steel top kitchen island/work table, starting at \$1350 landrumtables.com

#### 5. BLENHEIM GINGER ALE

The Blenheim Ginger Ale Company is the earliest independent soda bottling company in the country, and still cranking out their signature blend of fiery but sweet ginger ale. Made just outside the city limits, it works its way into many local cocktails.

» \$26/24 pack blenheimgingerale.com

#### 6. REVELRY BREWING

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Revelry is one of our favorite local breweries – great rooftop and even better craft beers. Poke the Bear is an American Pale Ale with classic citrus, floral and tropical fruit notes.

» revelrybrewingco.com



#### 1. CHARLESTON ARTISAN CHEESEHOUSE

Battery Park Brie is their flagship cheese, which they describe as "a cross between a Brie cheese and a farm cheese," lightly aged for a mild flavor, creamy with a firm and crumbly center.

» Battery Park Brie, \$24 charlestonartisancheesehouse.com

#### 2. CIRSEA

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Unexpected ice cream flavors that change seasonally, made by hand in Charleston, SC. It's hard to pick a favorite, but toasted black sesame, lychee and strawberry goat cheese are standouts.

» \$10 per pint cirsea.myshopify.com

#### 3. CROGHAN'S JEWEL BOX

The Goldbug collection at Croghan's Jewel Box is inspired by and named after the Edgar Allen Poe short story written when he spent time on Sullivan's Island.

» Croghan's Goldbug Pin, \$70 croghansjewelbox.com

#### 4. CANNONBOROUGH BEVERAGE CO.

Fresh craft sodas made using seasonal, local, and all natural ingredients. There's a cocktail recipe included on each bottle, so you can enjoy as-is or use to amp up drink offerings at your next party.

» Raspberry Mint Cannonborough Craft Soda, \$30/12 pack cannonbevco.com

#### 5. CANDY SHOP VINTAGE

The Charleston Rice Bead necklace from Candy Shop Vintage is a fun, vintage-inspired nod to Charleston's port city heritage. Available in a range of colors, lengths and styles.

» 5' Signature Charleston Rice Bead Necklace, \$65 candyshopvintage.com

#### 6. SUITE 33 BY EMILY DAWS

All textiles are inspired by Lowcountry life and each piece is made by hand. Perfect for travel.

» Printed Travel Purse, \$36 each shopsuite33.co





#### 1. LOWCOUNTRY KETTLE

Charleston-inspired flavors make these small-batch, kettle-cooked chips stand out from the pack. Satisfyingly crunchy and well seasoned - it was hard to pick a favorite flavor.

» \$36/24 pack lowcountrykettle.com

#### 2. CHARLESTON SHUCKER COMPANY

By the time fall comes around in Charleston, oyster season is in full swing and we're outside roasting them by the bushel. Shuck in style with a fold away oyster knife from Charleston Shucker Company. » \$45

charlestonshuckerco.com

#### 3. J. STARK

Designed to fit 2 bottles of wine, a bottle of whiskey and two glasses, or anything else you want to carry around town with you, this bag is as versatile as it is good-looking.

» Tremont Wine Tote in brushed brown waxed canvas, \$80 starkmade.com

#### 4. INK MEETS PAPER

Made using a restored letterpress that was uncovered in a Charleston home in recent years, this single press Rainbow Row inspired postcard is a cheerful greeting from a bright stretch of town.

» "Greetings from Charleston" letterpress postcard, \$3 inkmeetspaper.com

#### 5. COAST BREWING COMPANY

COAST Brewing is a family-owned operation working out of an old Navy base in North Charleston. They use local and organic ingredients in their recipes, and there's something for everyone in their offerings. We love the Hop Art IPA.

» Hop Art IPA coastbrewing.com

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#### 6. MATTHIAS KAUPERMANN

Hold the jokes, cornhole is part of life in Charleston - you can catch a game on the beach, at backyard BBQs and at oyster roasts. This handcrafted, heirloom quality board set made of American walnut is for serious gamers.

» Sets starting at \$995 matthiaskaupermann.com



#### 1. SWEETEETH

Artisan chocolates created using traditional handcrafted techniques. Call of the Wild is our favorite: Velvety 65% dark chocolate, oozing with divine house made port wine caramel.

» \$6

~~~~~

evopizza.com/sweeteeth

#### 2. JACK RUDY COCKTAIL CO.

Though good enough to eat right out of the jar, these bourbon cherries take whisky cocktails to the next level.

» Bourbon Cocktail Cherries \$16/16 oz jar jackrudycocktailco.com

#### 3. MIRTH STUDIO

Hand-painted designs are digitally printed onto wood tiles to create a vibrant, colorful patterned effect for use on floors, backsplashes, etc. Choose from a library of stunning patterns, or customize.

» Patterned wood tiles, starting at \$26.75/square foot mirthstudio.com

#### 4. SHIP'S WHEEL CIDER

Dry and refreshing with just enough sweetness to balance out the tart. Small batch cider made with freshpressed apple juice.

» Original Blend Hard Cider shipswheelhardcider.com

#### 5. THE COMMONS

Hand blown glassware that looks as gorgeous on your dinner table as it does on a nightstand. Carafes work well for sake, water or wine, and the glasses measure out a perfect 8oz pour.

» Shelter Collection Glass Pitcher and Small Tumblers, shown here in blue and grey. Starting at \$52 the-commons.us

#### 6. BURNT AND SALTY KOREAN MUSTARD

Sweet, salty, spicy, savory... this multiuse condiment checks all the boxes. Created, taste-tested and perfected in restaurant kitchens in Charleston, it's definitely worth checking out.

» Korean Mustard, \$9 burntandsalty.com



3

#### 1. FOOD FOR THE SOUTHERN SOUL

Cheese straws are a southern staple - they're in the pantry of most Charlestonians, and are the perfect snack to have on hand for those occasional drop in guests.

» Traditional Cheese Straws, \$7.95 foodforthesouthernsoul.com

#### 2. BULLS BAY SALTWORKS

Sustainably hand harvested sea salt from Bulls Bay in McClellanville. The Bourbon Barrel Smoked Flake salt elevates any recipe, and adds a level of subtle, smoky flavor you didn't even know you needed.

» \$15/3.5oz glass jar bullsbaysaltworks.com

#### 3. CHARLESTON RECEIPTS REPEATS

The oldest Junior League cookbook in continuous print - a reference collection of 750 traditional and historical Charleston recipes that speak to, preserve and pass on Lowcountry food and cultural history.

» \$19.95 amazon.com ~~~~~

#### 4. LEWIS BARBECUE

This vibrant green, mustard-based sauce is made from roasted Hatch Green Chiles and goes on pretty much anything. It's sweet and tangy with just enough heat.

» Hatch Green Chile Barbecue Sauce \$9.95/8.5oz lewis-barbecue.myshopify.com

#### 5. CALLIE'S HOT LITTLE BISCUIT

Callie's Biscuits get a lot of hype in Charleston, and these new sweet potato numbers certainly deserve it. Sweet and savory with a hint of cinnamon and just enough crumble.

» \$19.95/dozen calliesbiscuits.com

#### . . . . .

#### 6. GEECHIE BOY MILL

Geechie Boy Mill on Edisto Island is dedicated to preserving a piece of southern history for generations to come. Their Blue Grits are made from rich blue corn, stone-ground to preserve their flavor and unique color.

» Geechie Boy Mill Blue Grits \$10/1.5lb bag geechieboymill.com

TBLX>CHARLESTON 101

# GALLEY to TABLE









## This is Waterfront Dining!

Enjoy a three or four course dinner, made-to-order from local seasonal ingredients, with live music nightly and amazing sunset views - full service bars and dancing complete the experience.



SpiritLineCruises.com | 800.789.3678



## John's Island & Wadmalaw Island



#### OHN'S ISLAND HAS

seen a proliferation of new neighborhoods springing up over the past few years, with suburbs beating farmland in the rock, paper,

scissors of "development." But taken as a whole, this area still encompasses farms that provide produce to area restaurants and residents, Gullah Geechee communities, waterways in every direction, and a spanish-moss-junkie's paradise of oak trees, including the grand poobah, Angel Oak. At the end of Maybank Highway, on the banks of Bohicket Creek, the inquisitive traveler is rewarded by the tiny circa 1784 town of Rockville, the entirety of which is on the National Historic Register. Every August, Rockville's Sea Island Yacht Club hosts the annual Rockville Regatta, now in its 129th year.



#### Wild Olive

Fine Italian with a social and environmental ethos underlying every choice, be it using at much local product as possible, or recycling or composting 85% of their waste. Doesn't hurt that the food is some of the best in the Charleston area. >> WILDOLIVERESTAURANT.COM

#### **Sunrise Bistro**

Sunrise Bistro is cute, healthy, unpretentious cafe close to Angel Oak. So when you go to Angel Oak on a Sunday without realizing that it doesn't open till 1pm Sundays, go here.

>> SUNRISE-BISTRO.COM

## **Baker and the Farmer**

Grab dessert after dinner at the Tattooed Moose, or anywhere for that matter. Ingredients sourced from its own farm, Northern Roots, chef and co-owner Brian Altman uses his experience from the Spotted Pig in NYC and several local Charleston noteables to bring you delicious baked goods. Lest we forget about the breakfast sandwiches and coffee. >> BAKERANDTHEFARMER.COM







A SPOT OF TEA William Barclay Hall overserves his 100% American Tea at the Charleston Tea Plantation.





>> 843.559.0858



## SEE, DO

## **Firefly Distillery**

Located on Wadmalaw Island, and best known for its sweettea flavored vodka, Firefly touts itself as the largest distillery



or two, or four.

## Angel Oak

Trying to describe this 400 to 500 year old oak tree is like trying to describe an

alien ship landing in a corn field. Even if mystical isn't your thing, it's hard to not be overwhelmed by the energy of the almost 17,000 square foot span of the tree. One of our must sees in the entire Charleston area. >> CHARLESTONPARKSCONSERVANCY.ORG

#### **Stono Market and Tomato Shed** at Ambrose Family Farm

The market sells its own organically grown produce, the Tomato Shed serves it for lunch, and the farm grows it.

You couldn't get more farm to table if you tried. A true family operation, this is a must visit to help support your local farmers. >> STONOFARMMARKET.COM

## **Sea Island tours**

Whether the "Tipsy Tour" or to "Wadmalaw Wanderings" both offer reasonably priced ways to view the Angel Oak, Tea Plantation, Firefly, Deep Water, and Lowtide, with shuttles toand-from downtown.

>> SEAISLANDTOURS.COM

## **Trophy Lakes**

Waterski training, wakeboard cable park, paddleboard rentals, and serious disc golf. >> TROPHYLAKESPORTS.COM

## **Deep Water Vineyard**

Visit the vineyard on Saturdays for its weekly outdoor music offerings. Grab a bite to eat while sipping wine in

in the state. Tastings offered Tuesday through Saturday. >> FIREFLYSPIRITS.COM

#### Low Tide Brewing

A brewery located on Johns Island that prides itself on working with local ingredients, chefs, and restaurants for beer + food pairings. Laid back and friendly atmosphere for a beer

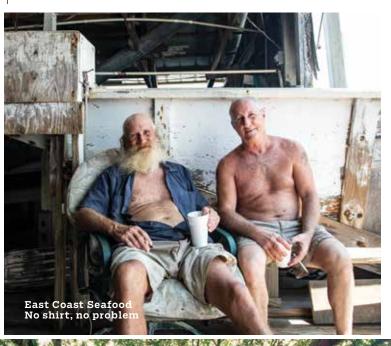
>> LOWTIDEBREWING.COM

relaxing surroundings not found in the hustle and bustle of downtown. Family friendly, if that's not an oxymoron. >> DEEPWATERVINEYARD.COM

#### Charleston **Tea Plantation**

It's original "American Classic" tea was the first tea made of 100% American tea. You'll see multiple varieties of it's tea in almost every gift shop and hotel room in town, but we highly recommend experiencing this century old process first hand. Get ready for a caffeine buzz.

>> CHARLESTONTEAPLANTATION.COM







**HOLLYWOOD** may have six-degrees of Kevin Bacon, but Charleston has six-degrees of Sully Sullivan. The spirited art, commercial, and editorial photographer seems to know everyone in the city, but in fairness, between his basketball-player height and the red sidecar motorcycle he careens around town on, he's hard to miss. A native of Hawaii, in his 15 years living in Charleston, he's come to love the water, the "Narnia" nature to be found just outside the city, and the old men sitting in chairs on the sidewalk in his neighborhood

#### **TBLX:** Why Charleston?

**SS:** I think it took me time to figure out that question. I didn't like it when I first moved here. The South is the South, but now I'm part of the community, and that gives me a sense of purpose. [It's] the quality of life. I can be on a boat out in the water in 5 minutes. We're surrounded by water, and the people are incredible. What makes it so unique here is that we have a diverse and deep-rooted culture. If we could bring Atlanta's [black] middle class here, Charleston would be one of the best cities in the world. That's what we're missing here.

#### TBLX: What is your favorite way to enjoy the city?

**SS:** Charleston changes when you're on the water. I'm a huge fan of that. Going up the Ashley River where it turns into straight-up Narnia. [But] there's so little access to water. I have neighbors who have never been to the beach. Ever. That's really f\*\*\*ing sad. We're all trying to be by the water, and we're surrounded by it, but not everyone has access to it. Being on a motorcycle, driving straight out Maybank Highway, going all the way to Rockville, all the old Oak trees. It's amazing how quickly you can be in these beautiful moments, just outside of the city.

## **TBLX:** What's your favorite thing to do with friends from out of town?

**SS:** Taking people on my boat. You can go to Capers island, it's so insane that there's a protected island like that. North of IOP is a huge wildlife refuge that's so beautiful. Royal American's definitely my favorite bar here. John Kenney is a good friend of mine. It's cool to see those people stay and become part of the community. There was talk about not enough music for

different races, and he was like, "let's change that," and he has. And it's been awesome to see that adapt and change. Great food, great atmosphere, great music. He's done a great job. We have no shortage of great places to eat and drink here. Don't go to Hyman's, don't go to High Cotton, there's a handful of places I say don't go to, everywhere else is fair game.

#### **TBLX:** How is Charleston changing?

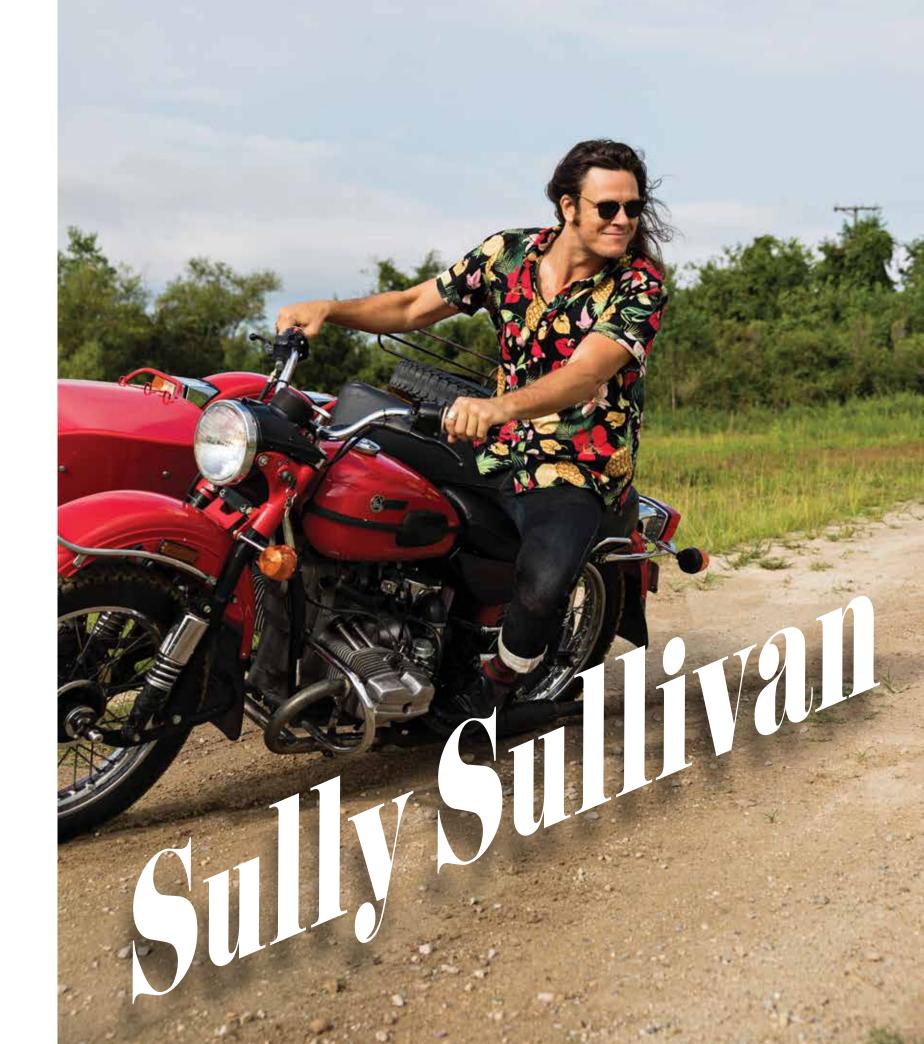
**SS:** It's growing without thought. It's growing un-purposefully. It's growing for dollars and growth's sake rather than growing for the city's sake. Charleston's a tourist city, I get that, [but] you can have that without ruining the entire city. There's no reason the cost of living should be this high and wages don't reciprocate that. I live here, I want my community to grow and sustain itself for everyone. I would love it if it didn't become

## "Look for the realness in Charleston. And be a part of the realness.... Seek out more than the fluff."

just another homogenized city—that's not what makes it special. My neighbor was cutting his dad's hair on the lawn the other day. People sitting in groups playing cards. The magic of that. Once it's gone, it's gone. It's just getting everyone to care a little bit more, and to be a little more active.

## **TBLX:** What is something that people don't know about Charleston?

**SS:** Look for the realness in Charleston. And be a part of the realness. It's special that we get to live here. As much as I don't want Mr. B's [private club] to change, I think people should go there. The first time I went in there one of the owners sons bought us all rounds of drinks. Always so friendly and accepting. Do you talk about that place? Or do you keep it a secret? How do you preserve that? And the guys that sit across the street in their chairs in the afternoons... Go walk through the neighborhood. St. Margaret Street ends in the marsh, and it's one of the sexiest places to watch the sunset. Not that I want a hundred tourists going down there, but if people are on bicycles... just really be a part of the city. Seek out more than the fluff.



## {LOWCOUNTRY, HIGH STYLE }

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FRES

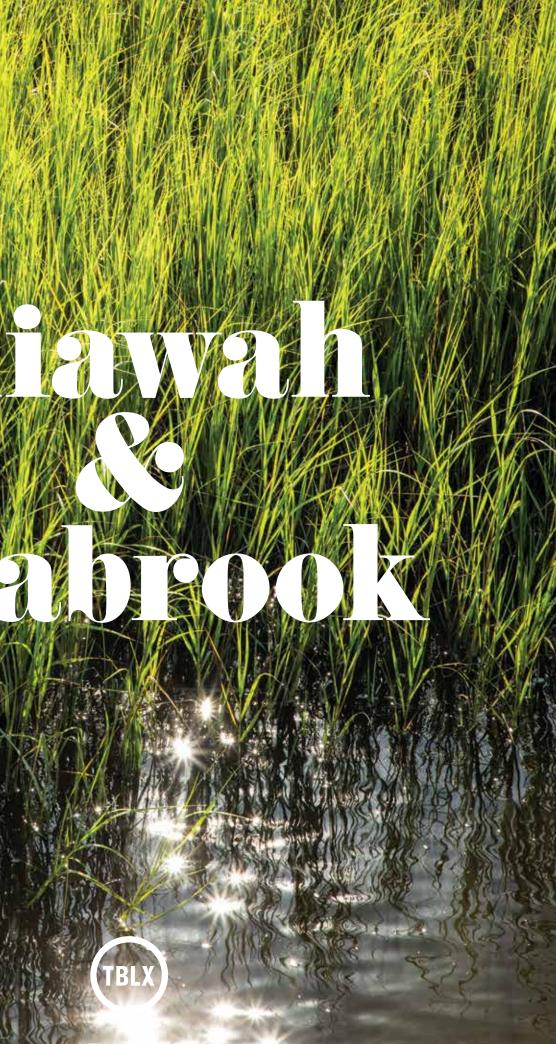
SHOP

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CHARLESTON'S MOST UNIQUE SHOPPING EXPERIENCE COMPLETE WITH OVER 30 SHOPS, A VARIETY OF RESTAURANTS, SPA AND BOUTIQUE HOTEL.

> At the crossroads of Kiawah, Seabrook, and Johns Islands FreshfieldsVillage.com | F (2010) | 843.768.6491 165 Village Green Ln, Kiawah Island, SC 29455



**ENJOY THE SILENCE** Originally designed for the 1991 Ryder Cup, The Ocean Course at Kiawah will host the 2021 PGA Championship.

## Kiawah & Seabrook



**T THE END OF JOHN'S ISLAND**, the barrier islands south of funky Folly beach take a bit of a turn for the posh. A lot has changed since Kiawah Island Resort opened in 1976 with \$45 per night oceanfront rooms. It's home to one of the best golf courses in the world, not to mention the 5-star Sanctuary Hotel, and a community of hush-hush celebrity seventh homes and such. The island was dubiously acquired from the Kiawah Indians in 1675, then used in subsequent centuries for cattle ranching, cotton, and indigo farming, when famous Charleston families like Gibbes and Vanderhorst were among those through whose hands it passed. Seabrook, to the north, is a private community, with the Bohicket Marina and Seabrook Equestrian Center open to the public. Freshfield's Village is the entry point to the area, and a destination of its own.

## EAT, DRINK

#### 48 wine bar

Though named for its 48 wines by the glass, we know it by the \$6 patron margaritas on Mondays and free wine tasting Tuesdays. Drop by for live music every Thursday and Sunday, and grab a cheese and charcuterie plate.

>> FORTYEIGHTWINEBAR.COM

## **Cherrywood BBQ and Alehouse**

Southern BBQ Burgers and St. Louis Style Ribs with signature dishes such as Fried Mac and Cheese, Pickled Shrimp Salad, and BBQ Nachos. Located within the Osprey Point Clubhouse, and open to the public.

>> KIAWAHRESORT.COM

## **Hege's**

Classic French Bistro with escargot, mussels, nicoise salad, and seared duck breast. Impressively extensive wine list.

>> HEGESRESTAURANTSC.COM





## La Tela Pizzeria

Neapolitan wood-fired pizza with mammoth proportions of Chicken Parm, Lasagna, and Stuffed Eggplant. The kind of Italian you wish was downtown. Kid friendly and a great wine menu. We're suckers for the Tiramisu. >> LATELAPIZZERIA.COM

#### Lokals Sea Bar

An eccentric mix of options, including a Raw Bar, Vietnamese Tom Gai, Philly Cheese Steak, Shrimp Empanadas, and Frog Legs. Not all are from the sea... we hope. Grab a table outside and watch the sun set over the marsh. >> LOKALSEABAR.COM

## The Ice Cream Boat Cafe

Hermit Crab Races Tuesdays and Thursdays (\$2 to rent a crab for the race, whatever that entails). A throwback to a bygone era, serving ice cream, breakfast and lunch. Come for the ice-cream, leave with a story from owner Todd Gerhart. >> 843.737.5351

## SEE, DO

#### Scent Studio

If you aren't particularly good at golf, bonding and friendly competition can also be had while creating custom scented candles. With over 100 scents to mix and match, we recommend you remember the lesson you learned in middle school when you combined all the sodas at the fountain.

>> PALMETTOSCENTSTUDIO.COM

## **Bohicket Marina**

Sailing and fishing charters, several restaurants, and paddleboarding, and the best part about it is that it's open to the public. >> BOHICKET.COM

## **Tidal Trails**

A longstanding Kiawah adventure company. Surf lessons and a surf camp for kids 8 to 15, paddleboard and kayak rentals. >> TIDALTRAILSKIAWAH.COM

## **Kiawah Beachwalker Park**

In an area with gated entrances in every direction, there's something refreshing about the mere existence of a public beach. In fact, it's the only public beach access on Kiawah Island. Let that sink in. >> CCPRC.COM

#### **Pirates of Charleston**

A children's adventure departing from Bohicket Marina, with sea shanties, face painting, and water cannons. >> PIRATESOFCHARLESTON.COM

## Waterdog Paddle Company

Bohicket-marina-based paddleboard rentals for exploring the waterways around Kiawah and Seabrook; offering rentals and sunset, dolphin, and full-moon guided tours.

## **Freshfield's Village**

A completely self-contained village with restaurants, a grocery store, banks, a spa, high-end retail... everything from Southern Tide to Sweetgrass Plastic Surgery. >> FRESHFIELDSVILLAGE.COM







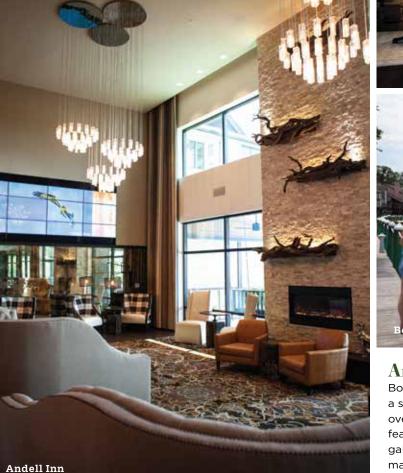


# STAY

Sanctuary Hotel

The 5-Star resort is in a league of its own in Charleston. Ocean Course is one of the world's best, and the spa is next level. You'd have to stay a fortnight to eat dinner in all of its restaurants. Sommellier Erika Selheim's wine cellar is known by wine insiders for being as good as any in the Southeast. >> KIAWAHRESORT.COM





## Seabrook Equestrian Center

One of two areas at Seabrook open to the public, the Equestrian Center offers children's pony rides, and beach rides for beginner or experienced riders. >> SEABROOKISLAND.COM

>> SEABROOKISLAND.COM



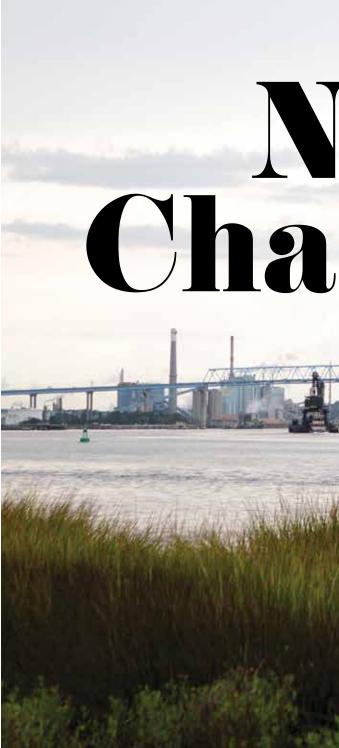
## Andell Inn

Boutique hotel adjacent to Freshfield's Village with a saltwater pool and wrap-around porch, both overlooking Andell Lake. The hotel's public spaces feature art curated by prominent Downtown Charleston galleries, and the rooms have kitchens, so you can make use of the grocery store next door. >> ANDELLINN.COM

## **Beach house Rentals**

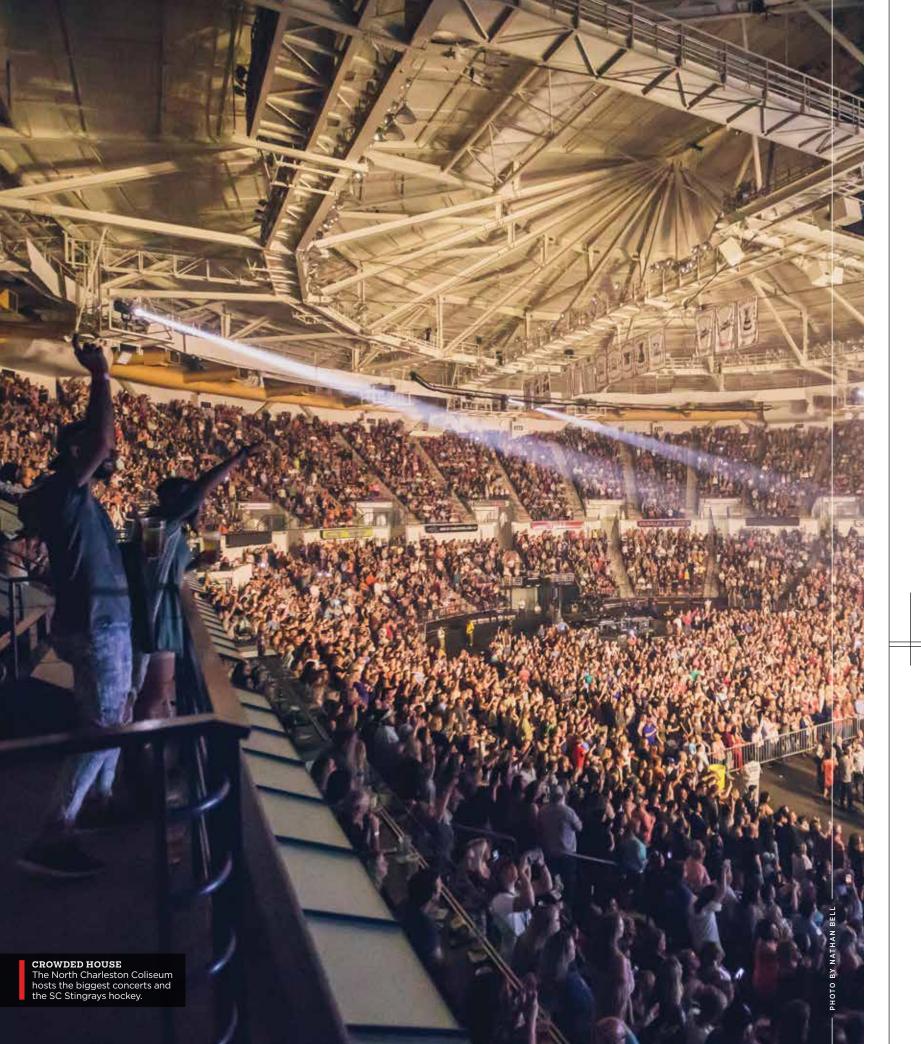
They may be private, but vacation rentals in **Seabrook** and **Kiawah** can be procured. >> DISCOVERSEABROOK.COM

>> KIAWAHRESORT.COM



# North Charleston





# North Charleston





**ORTH CHARLESTON WAS HOME** to a Naval base from 1901 Its closing was feared to be the death knell for Charleston's economy, but the city had other tricks up her sleeve. North Charleston is a diverse city in transition--its desirable Park Circle neighborhood draws peninsula residents for its (relatively)

until 1996 that was the largest civilian employer in the state. affordable housing with walkable shops, bars, and restaurants rivaling those downtown. Part of the old Naval base is now Riverfront Park, home of the annual High Water Festival, which in just two years has become Charleston's coolest music festival. The North Charleston Coliseum and Performing Arts Center are also host to major music acts, and the Charleston Stingrays hockey team. And with its quick freeway access to downtown, North Charleston hotels offer a solid alternative to historic district hotel sticker shock.

## EAT, DRINK

#### Madra Rua

An Irish Pub in Park Circle, great for brunch, especially if you're into premier league soccer.

>> MADRARUAPUB.COM

#### **Stems and Skins**

Ask anyone where to go in Park Circle, and they'll point you to this wine bar. The menu is constantly changing, and you can take bottles to-go for half off. >> STEMSANDSKINS.COM

#### **Commonhouse Aleworks**

A local brewery that takes pride in every ounce it produces. Check the event schedule for food truck pop ups on the weekend, but otherwise it's bring your own take-out. Children and pet friendly. >> COMMONHOUSEALEWORKS.COM

## La Nortena

Authentic mexican food with ceviche, gringo-friendly Tex-Mex, and some real homestyle fare, like Menudo. >> LANORTENAMEXICAN.COM

## **Evo Pizza and Evo Bakery**

Evo is a neighborhood staple in Park Circle. Busy most nights, so prepare to wait, but it's worth it. Damn fine pizza, and you hear the name "Evo" all over Charleston as the purveyor of baguettes and rolls in restaurants and cafes--from the bakery around the back of the pizzeria.

>> EVOPIZZA.COM





## The Codfather

Generally understood as the most authentic English fish n' chips spot in the Charleston area. No Frills and huge portions, both of which are fine by us. >> 843.789.4649

## **H&L Market**

The insanely large market offers a sauce and condiment aisle thats something of asian cuisine dreams. But there's also a small lunch counter with a handful of booths, serving up authentic pho. It's pretty far off the beaten path, but well worth the trip.

>> 843.745.9365

## **Orange Spot Coffee**

Cute and vibrant little coffee shop with a nice breakfast and lunch menu and outdoor seating area. >> ORANGESPOTCOFFEE.COM

## **Fratellos Italian Tavern**

Solid italian classics like Chicken Cacciatore, Marsala, and Fettuccine Alfredo and Lasagna in a casual setting. >> FRATELLOSTAVERN.COM



#### **Bertha's Kitchen**

This Charleston Soul Food destination received a James Beard "classic' designation. Menu changes daily, but life's too short to not order the fried chicken. >> 843.554.6519

## SEE, DO

## **Riverfront Park**

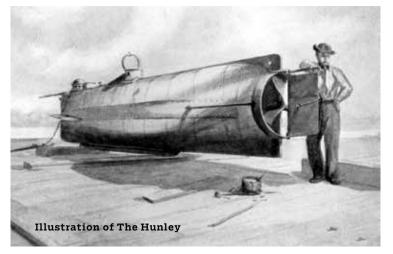
Home to the annual High Water Music Festival, hosted by Shovels & Rope. But even without an event, it's open to the public year-round. Take in the Naval Memorial, see historic homes once inhabited by Navy officers and their families, and take in the Cooper River views from the shade of oak trees.

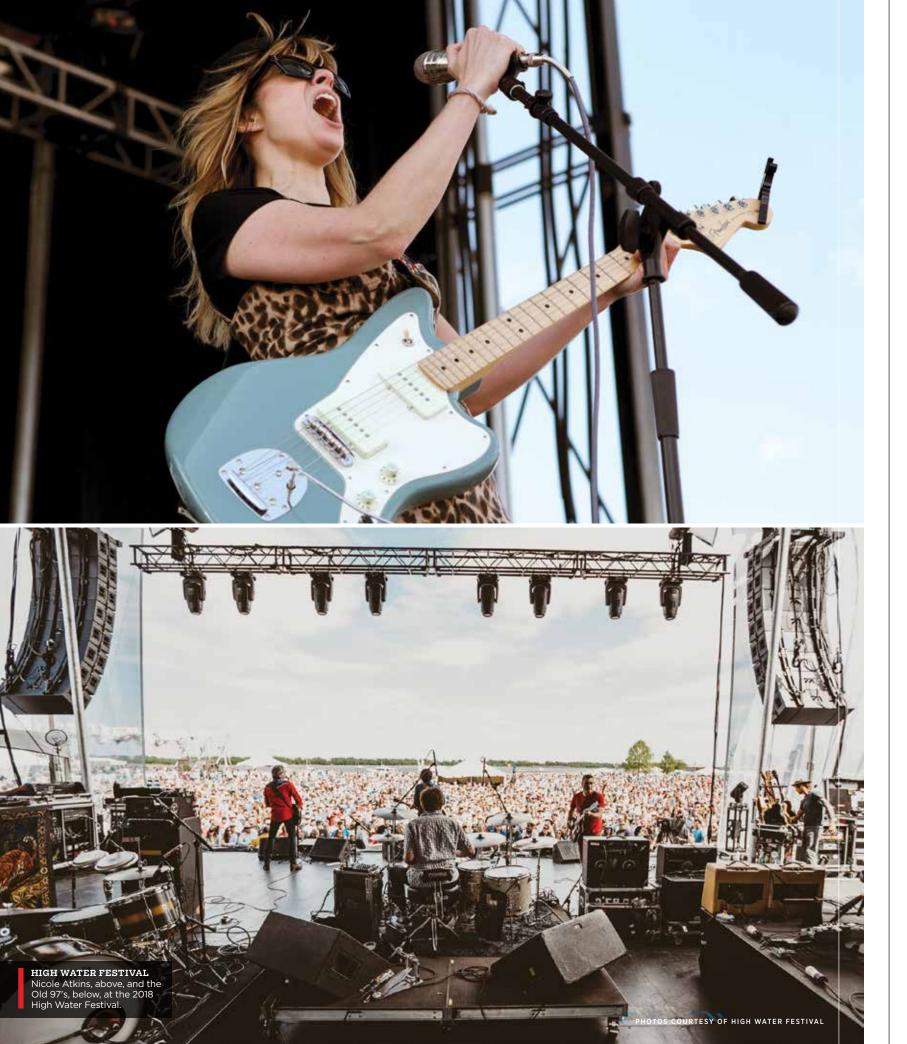
## The Hunley

Known in these parts as the world's first combat submarine, its credited with sinking the USS Housatonic in 1864. The Hunley was an unintended suicide mission lost until 1995 and raised in 2000. The sight of the small rusted hull that held 8 crew elicits unfathomable claustrophobia... in an interesting way. >> HUNLEY.ORG

#### North Charleston Coliseum and Performing Arts Center

One is for your arena rock, the other for your musical experience. We prefer the latter. Check the schedule ahead of time and plan a weekend out of it >> NORTHCHARLESTONCOLISEUMPAC.COM













## **Stingrays**

The Stingrays are an institution in Charleston. The games are always a good time and way for the Northerners among us to get a taste of home. Affiliated with the Washington Capitals, you're sure to see a high level of hockey on game night. >> STINGRAYSHOCKEY.COM

## **Carolina Ice Palace**

One of the only places to catch ice in Charleston. Home to peewee hockey, figure skating and beer-leagues almost every night of the week. Stop in to The Penalty Box for standard bar food and a bucket of cold ones after your skate, and be prepared to hear Michigan, Minnesota or even a Canadian accent or two. >> CAROLINAICEPALACE.COM

#### Ink meets paper

A family-run printing studio and card shop with bright and creative offerings. Using old-school printing presses and committed to preserving printing traditions and practices, all the designs here are made in house and are truly unique. >> INKMEETSPAPER.COM

## North Charleston Fire Museum

With 20 fire engines dating back to the 1780's, it is home to the world's largest collection of restored LaFrance fire vehicles--one of America's oldest fire apparatus manufacturers based in nearby Summerville until its closure in 2014. Also vintage firefighter gear, interactive exhibits for fire education (crossfit people, don't get any ideas). \$6 adult admission, and children under 12 are free. >> NORTHCHARLESTONFIREMUSEUM.ORG







KATHRYN BUDIG and KATE FAGAN'S many hats are hard to sum up, so we let them try:

**Kate on Kathryn:** Kathryn is an entrepreneur and yoga instructor who works internationally and on the online platform YogaGlow; as well as author of two books, a speaker, and co-host of our Free Cookies podcast. We are partners in crime, professional Netflixers, and parents of a puggle and a husky.

Kathryn on Kate: Kate's a writer, a journalist, and when it comes to ESPN it's tricky because she's a writer for ESPN the magazine and she's a content creator, and also a personality

## "I do think we're a little speck of blue in a sea of red, and I appreciate that." - Kathryn Budig

because she hosts so many shows. She wants to dabble in screenwriting, she's a #1 New York Times bestselling author, and co-host of Free Cookies.

#### **TBLX:** Why Charleston?

**KB:** My parents moved to IOP thirteen years ago. I was guickly charmed by the beaches, but it was the community that won me over. It quickly became home for me. **KF:** When I fell in love with Kathryn, we would spend time here. I would come down from New York, and gradually I started to see how healthy it could be for someone who was living in a place and at a pace that was just unsustainable, in New York.

#### **TBLX:** *How is it changing?*

**KB:** We get asked what is it like being in a same sex relationship living in the South, and fortunately we haven't had any negative interactions. I do think we're a little speck of blue in a sea of red, and I appreciate that. The thing that I would like to see more of is more same-sex couples holding hands walking down the street. There are plenty of people in the LGBT community here, but they keep it private. **KF:** Living in NY helped me feel not alone, and helped me step into my life in a way that I don't think I could have in another city. I don't think I could live in Charleston when I was 25, but whatever real concerns I had about living in the South, in Charleston, being with Kathryn, there haven't been any negative experiences besides not seeing ourselves reflected in other people. It seems like the influx of people from around the country has started the process of different thinking.

#### **TBLX:** What is your favorite way to enjoy the city?

**KB:** We have two dogs, so we like to get our lattes, go to Hampton park, and walk our dogs there. Then, if it's a nice day we love going to Sullivan's, and it's not unheard of for us to go to Home Team BBO and have some Game Changers and nachos. That's a really good day.

**KF**: We like the Home Team on Sullivan's, it has a good beachie vibe. We take lots of fitness classes, and the city's getting better in that. You gotta carve out space to prepare vou for those Home Team Game Changers.

**KB:** The thing that we love about Charleston is that we can write or work for a couple hours, we can be out in nature

with the dogs, we can go to the beach for an hour, we can go to a James Beard award winning restaurant, and then be home in time to put on sweatpants and Netflix.

#### **TBLX:** What's your favorite thing to do with friends from out of town?

**KB:** Everything revolves around food. I would say get lost in the battery, don't bring a map. Get lost in those amazing neighborhoods and soak in the architecture. Pack your digestive enzymes, because you're gonna need them. **KF:** We live right by Shem Creek, and there's access for paddleboarding, which would be a cool thing to do. We like Time Traveler Games, it's an escape room with local historical lore. They just opened a room on Lavinia Fisher, the first female American serial killer, who was here in Charleston.

#### **TBLX:** What is something that people don't know about Charleston?

**KB:** At Leon's, where you can ring the bell outside and get a soft-serve from the street is really cool. If you want to see the best wallpaper in the world, go to Stella's and go to the bathroom, it's all Greek monsters and creatures. I'll go to the bathroom and be gone for 20 minutes and people think something's wrong. Do a picnic at the Pitt Street Bridge, it's so charming, and then you can have a glass of wine at Rudi's. **KF:** Indaco has an Amaro made by all women in Italy, that's only sweetened with honey, has a brown label, and they don't really sell any of it other than if you get to know the bartender, Jared. I just go to Jared every time I go in there and say, 'can I have the secret Amaro?'





# **CHARLESTON** PRIDE

VERY YEAR IN LATE SEPTEMBER, King Street and Broad Street are blocked off for a parade marking the finale of Charleston Pride Week. This event grows exponentially every year, and reminds us that while the past may still be why many people visit the - Holy City, it is Charleston's future that makes them stay. Whether you intend to come here for a few days, a few years, or a few generations, we hope that the locals in the previous pages have shown you some of the ingredients of Charleston's best self, so that you can enjoy them as we do, and maybe even help them grow.







# Celebrating 20 years of bospitality in Charleston







